

Effectiveness of Homoeopathic Medicines in Case of ALOPECIA AREATA: A Case Report

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ABSTRACT

Alopecia areata is an autoimmune disease that causes hair loss. It occurs when the immune system attacks the hair follicles. Hair loss can occur on the scalp, face, or body. The condition can affect anyone, regardless of age or gender. Symptoms include patchy hair loss, bald spots, and nail changes.

The exact cause is unknown, but genetics and stress may play a role. Treatment options include medications, immunotherapy, and lifestyle changes. Some people may experience spontaneous regrowth of hair. Alopecia areata can have emotional and psychological impacts.

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PRELIMINARY DATA:

Name of patient: Mr. S. Kumar
Age: 20 years
Sex: Male

Marital Status: Unmarried
Address: Rajkot
Date of Reg: 6/02/2024
Occupation: Student

CHIEF COMPLAINTS:

LOCATION	SENSATION	MODALITIES	CONCOMITANT
Head Scalp Vertex region O –gradual D – 2 year P- moderate	Patchy loss of hairs on scalp Size of patch is increasing with time Spot on scalp is smooth.	<winter	-

HISTORY OF PRESENT COMPLAINT

Patient noticed hair fall while combing since 2-2.5years.

Loss of hairs started forming a small smooth spot on vertex and it is increasing in size leaving a large sized patch on scalp.

PAST HISTORY:

Typhoid at age of 11 years
Family history: Father – DM

PERSONAL HISTORY:

Thermal – Chilly
Thirst – Thirsty
Appetite-Normal

Desire –Sour things
Aversion –Nothing specific
Stool –Normal
Urine- Normal
Perspiration –profuse and offensive on forehead
Sleep –Sound Sleep
Riding cars- Nauseates

MENTAL GENERALS

Dullness with Unable to do work actively
Desires Company
Sad and worried due to hair loss problem □
Excessive mental stress.
Anger++

GENERAL PHYSICAL EXAMINATION:

Weight-65kgs
Height- 5' 10"
Skin – oily
BP-112/74 mm-Hg
Pulse- 82/min

Differential diagnosis

Androgenetic alopecia, tinea capitis, trichotillomania,
Alopecia areata

CLINICAL DIAGNOSIS:

ALOPECIA AREATA

TOTALITY OF SYMPTOMS:

Dullness
Unable to work
Anxiety about health

REPERTORISATION

Anger easily
Patchy loss of hairs on scalp< Winter
Size of patch is increasing with time
Spot on scalp is smooth.
Perspiration on scalp offensive
Desire sour
Chilly patient

TREATMENT:

Calcarea Carb 200 STAT DOSE
SL TDS for 2 weeks

SELECTION OF MEDICINE:

Calc Carb – 6/14
Hepar Sulphur. – 6/14
Phosphorus – 6/14
Kali. Carb. – 6/13
Lycopodium-6/13

As CALCAREA CARB has the most degree and covers almost all symptoms CALCAREA CARB was selected.

Selection of Potency and Repetition

Based on susceptibility and individualism of the patient.

As both mental and physical symptoms were covered by SULPHUR a medium potency(200C) was selected.

SELECTION OF REPETITION

SINGLE STAT DOSE WAS SELECTED.

1 MIND - ANGER	×
2 MIND - ANXIETY - health; about	×
3 MIND - DULLNESS	×
HEAD	
4 HEAD - HAIR - baldness - patches	×
5 HEAD - PERSPIRATION of scalp	×
GENERALS	
6 GENERALS - FOOD and DRINKS - so desire	×
7 GENERALS - RIDING - car, in a -	

Remedies	Σ Sym	Σ Deg	Symptoms
calc.	6	14	1, 2, 3, 4, 5, 6
hep.	6	14	1, 2, 3, 4, 5, 6
phos.	6	14	1, 2, 3, 4, 5, 6
kali-c.	6	13	1, 2, 3, 4, 5, 6
lyc.	6	13	1, 2, 3, 4, 5, 6
sep.	6	12	1, 2, 3, 4, 5, 6
ars.	6	10	1, 2, 3, 4, 5, 6
kali-p.	6	8	1, 2, 3, 4, 5, 6
psor.	6	8	1, 2, 3, 4, 5, 6
carb-an.	6	7	1, 2, 3, 4, 5, 6
bry.	5	12	1, 2, 3, 5, 6

FOLLOW UP

Date	Response	Treatment
22-02-24	Hair loss with not much improved 10% Generals as it is.	RX Sac lac 4 pills TDS for 15 days
09-03-24	Hair loss is less. Patch on scalp is decreasing in size.	Rx CALCAREA CARB 1M OD SL TDS FOR 15 DAYS
26-03-2024	Patch on scalp is reduced. Hair loss improved Hair started growing again.	Rx SL 4 pills TDS FOR 1 MONTH
24-04-2024	Patch reduced almost completely 95%.	Rx, Sac lac 4 pills TDS for 30 days.