# Why Timing is So Important and Planning Takes the Front Seat When it Comes to the Achievement of Target in Life and Work

# Vividh Bansal

Manager, Central Bank of India

#### In brief

Planning – When, Where, and How? We have introduced a chart to monitor a person age-wise and also, and we have discussed in detail the concept of success and failure especially in the Indian context where there are fewer opportunities and to be ready for them is harder than scaling up the Everest. The difficulty level associated is at its height and the success ratio is extremely low and even after that there is no guarantee of success. We have also discussed 'Psychological healing' as a remedy to the pressed-upon failures due to the Indian panorama.

'Planning' goes a long way into the future ahead. Everyone with his level of consciousness and resources available goes for the necessary time-bound goals to be achieved in a certain time frame. He uses a lot of learnings in his life to bring out a series of work to be performed and tries to put it up in a pattern. This pattern is somewhat similar in origins until it shapes outward as per the thoughts and thinking levels of the person and this is quite different from person to person although still patterns of likeness can be derived from all. A human being when born is speechless, immature, immobile, dependent, and with no true identity of his own. With guidance from his parents and support from society, he gradually inherits the language, culture, and maturity besides all these things he at first learns to walk, understand the language and signs and later slowly and slowly learns to speak,

with it he also as per society norms joins the societal onurturing which due to many causes kills the budding proceedings which include various ceremonies related to marriages and religious festivals which are attended in masses consisting mainly of blood-related relatives.

So, we all have ambitions-most of which are narrated by our forefathers and peer pressure. But considering each of us are unique in ourselves, all of us should after a certain age go towards a search for our unique ability which can be seen by taking the help of an expert help. Based on the advice we should nurture the talent in us towards the specific goal of life which we want to pursue and also which are quite possible to attain. Many things exist in the world when you consider taking up a profession to take up and most of the time in various countries, people residing generally have a tilt towards business or familyprofession. Sadly, talent is the rarest of the things that is seen in today's world - several other factors like culture, location, color, ethnicity, religion, and money overtake the inherent talent. In reality, if we consider that much of the talent gets destroyed due to a lack of How to cite this paper: Vividh Bansal "Why Timing is So Important and Planning Takes the Front Seat When it Comes to the Achievement of Target in Work" Published Life and in

International Journal of Trend in Scientific Research and Development (ijtsrd), ISSN: 2456-6470, Volume-8 | Issue-5, 2024, October pp.180-184,



URL: www.ijtsrd.com/papers/ijtsrd69346.pdf

Copyright © 2024 by author (s) and International Journal of Trend in Scientific Research and Development

Journal. This is an Open Access article distributed under the



terms of the Creative Commons Attribution License (CC BY 4.0) (http://creativecommons.org/licenses/by/4.0)

talent. 'Successes definitely defines talent and is a way to glory and fame which afterward brings name and money too, but still, only 1 in 100 can achieve phenomenal success and the rest of the talent gets duped off. Nascent Talent needs honing and sharpening with at times lots of motivation and training to achieve the necessary related success.

So what are the parameters related to the growth connected with the age that we should check in a person to identify unique personal traits identified to the rare successful traits which we want to attain those accolades at the national and international level?

Sports, Technology, Physical strength, Memory, Language, voice, grades, scores, personality, psychometric traits, and especially righteousness and ethics are some of the things that we would like to measure at the right time so that the person can be groomed up for the upcoming opportunities which will not only help in his glory but will also usher the society and at large the nation towards glory, name and also money.

Transactions especially during early ages when the person is not so much concerned for his future and has lucid ambitions as per the country or ethnicity, he is born in are the most evident destructor of the inherent talent. A very rare and highly optimized talent is required to guide such persons at a naïve age to allow healing and development of a strong psyche to face up to the world to the best of their abilities.

We will try to segregate the factors and, on its basis, we would like to draw out a rough analytic table when to go for which trait and when.

Attribute / Parameters (Age)	General	Level (1-5)	Groom up	Parental Profession	Money Required (High-Low)	Target Motto	Time (In months)
Speech	Clear/dizzy		As per level	Business or Professional		Level 5	As per age
Memory	Sharp or Mediocre		As per level	Business or Professional		Level 5	As per age
Strength	High or Low		As per level	Business or Professional		Level 5	As per age
Personality	Personality Score		As per level	Business or Professional		As per goal	As per goal
Righteousness	High to Low		As per level	Business or Professional		Level 5	As per goal
Ethics	High to low		As per level	Business or Professional	de la	Level 5	As per goal
Score	High to Low	(30)	As per level	Business or Professional	ar ch	Level 5	As per goal
Readability	High to Low	•••• <sup>e</sup> uun	As period	Business or Professional	ar	Level 5	As per goal
Ethnicity	Category	NA	As per category	Business or Professional	d D	Level 5	As per category
Country Born	Country	NA	As per country 2 born	456-6 <b>NA</b>	June 10	As per country born	As per country born

#### **Planning:**

It is all that matters. 'Planning' especially due to peer pressure nowadays has taken a prime seat, like to be the one he aspires to be? All such questions sprout up, like – When to begin? What to do? Where to go? And What is needed? With age, content, and tutors' facts to remain.

So, careful planning is what is needed but many things correlate with each other to translate into success. No one can guarantee but chances improve drastically if careful planning with learning is done. We have already tried to relate age the parameters like language, memory, strength, personality, righteousness, ethics, score, readability, ethnicity, and the country born to the time needed as per assessed level.

Now, when we analyze the scenario – competition is for everyone, it is fierce and tough, and sometimes even if you are a good student, topper as we call it, still you lag behind others when you give these competitions. 'Failures' are borne out of you and suddenly you lose out on every glory you have received as a student. Now, we should realize that these exams are a gamble of life and death, they are extremely tough and cover diverse topics and you compete at the All India Level with such tremendous pressure and such a high stake where your year gets wasted if you fail you are at mercy of the examiner. 'Preparation' and 'Planning' with a studious disciplined life, living like a saint or a monk to be precise is what is required and it is seldom seen in most students. Many of them falter and poor examination grades take a toll on them and they start losing their will and desire to compete. In the end, they all are almost declared as hopeless lost souls and they succumb to peer pressure. So, investment made and your determination all goes to waste, and with it, your mental state, as well as your determination with willpower, is affected. So such failures leave a student with a big dent on his career and also resume ire.

#### International Journal of Trend in Scientific Research and Development @ www.ijtsrd.com eISSN: 2456-6470

With almost 70% of the branches offered by the top engineering and management institutes being a total waste of study with no diverse opportunities, only 20% of the selected candidates end up in the streams where success and diverse opportunities exist. Big names and big fees are also a big enigma. So in reality out of passing out students from school, who are joining colleges only about 1% end up in their choice institutions, and the rest end up as failures. They are failures as most fail to qualify for entrance examinations and the rest end up in careers where there is no light of revival. They end up in jobs that demand too much and fail to address the success they deserve. Once out of college, they end up in competition with all those people who graduated and now all the 100% of people who were bi-furcated into various streams end up in a common pool of unemployed or lesser-salaried people than the market scenario and are exploited like no other.

So, in a nutshell, planning, money, and timing all together are needed to break the shackles but individually as a person you should realize that it is the inner development of competencies that allow the development of a person as a whole. The aim of the degrees is employment but above all of it, the real aim is to attain professionalism in you so that you can stand up on your own as a strong pillar in the world where there are a lot of open opportunities.

'Preparation' goes on and on and such is the process of today's exams that you won't have the same score even if you sit twice with the same preparation and enthusiasm. The complexity and the stature of these tests are so high that in a moment you will soar to high-fi blues once and the next you will soar down to the dearth. So, we have to be very clear in our minds that it is not the degrees that make you but at the end of the day it is you who showcases who you are.

'Individualism' and 'Idealized influence' are the two things that can make wonders in the long career of a person. 'Individualism' doesn't mean selfishness but a brief profile that appears as a shorter reference to a person's achievements and it should be decent. His grades should be good and at a level that he is considered at par with his compatriots who are in his position. 'Outstanding' remark should be the reflection of his brief profile. Rest his work and his deeds should be such that they speak of his achievements and his influence. The moment such an instance is established we can see the birth of a 'leader'. Your proficiency in your stream gives rise to another level of perfection and it is considered a 'Subject Matter Expert'. So there are a series of professions that make you bigger than these examinations and it is then that you come into the limelight. We can draft such a chart from where we can correlate the professions with the qualifications

Post (Designation) / Qualities	Degree	Examination Qualified	Grades	Salary Drawn	Onsite Opportunity
Professor	Doctoral Degree	Professional Course or PhD	Above Good	Decent (About 1 Lakh)	At least Once a year
Manager	MBA or Experienced Professional	Professional Course or Through Experience	Not Matters	Very High to High (Depends on the organization)	Good
Entrepreneur	Professional Degree (MBA or MBBS or BTech)	Professional Degree	Not matters	Varies Highly	Depends on the nature of the work
Administrator	Through UPSC or State Civil Services Exam	Doesn't Matter	Doesn't Matter	Decent to low	Depends
Technocrat	Through Engineering or MCA Degrees	Doesn't Matter	Doesn't Matter	Decent to High	At least once a year
Accountant	Professional Degree (MBA) or Professional Course (CA)	MBA or CA or IBPS or Civil Services	Doesn't Matter	Decent to High	Not much
Architect	Professional Degree	Technical Course	Above average	Very High	At least twice

International Journal of Trend in Scientific Research and Development @ www.ijtsrd.com eISSN: 2456-6470
---

CEO/CFO/ COO/CHRO	Professional Degree	MBA or CA or IBPS or Civil Services	Above average	Very High	Decent
Researcher	Professional Degree	UGC NET, Technical Course	Good	Low	Once in lifetime
Programmer	Through Engineering or MCA Degrees	Doesn't Matter	Doesn't Matter	Depends	Depends

Technocrats and Programmers are the same in occupation as well as a degree but the nature of work differs as in programming you stand alone in the market whereas the technocrat works with others generally under an MNC umbrella.

# Degree

When it comes to traditional study in India it always ends up with a degree. A Degree can be a lot from such a diverse plethora of them available in our country and it may include BA/BSc/Bed/MSc/BTech/ MBBS/MBA/PGP/BBA/MTech/PhD etc. each being a random course with a timespan of 2 to 7 years. There do exist Institutions of eminence and excellence that are operating throughout the country and are engaging both in the outside diaspora and inner structure both in pre-through coaching institutions designed to let you through or in the industry as stalwarts where you deliver your expertise as a technocrat or a leader. 'Degree' is the pre-ask for most of the posts advertised globally with a minimum cut-off to let you through. It serves as a benchmark to lift you to a level of qualified professional with certain benchmark scores to make you eligible for the post. In today's time, our country is looking for two professional degrees which are 'Engineering' and 'Medicine' with awe, and one diploma is in management preferably from IIM or a Top B-School or a professional course like CA. These two generally in addition to the degrees mentioned serve as a high epitome for success in their required field.

# Capacity to work

The 'capacity to work' also serves as a way to rise to the posts that are left only for knowledgeable and capable persons who are well-versed in their proficiency and have proven track of performance which comes through the experience to perform in the said field under a corporate banner. It includes references and a work ethics check and here generally you have a peer reference check too. How you work and what motivates you is generally what decides in your favor when head-hunting agencies are picking you up for the higher posts.

# **Motivational Quotient and Learning Quotient**

Motivation is a must when you are in a workplace because it is this inner drive that can do wonders at the workplace. Motivation triggers from basically five hierarchical stages namely from bottom to top which are physiological, safety, love/belonging, self-esteem, and self-actualization. Now when a person works, his working potential is guided by these five factors, and in any way if he can even to the lower motivational needs, he can identify himself with he can left a lasting impact on the result of the work. So certainly, it is not really where you are on the scale of motivational potential but in actuality how much your motivational quotient is attached or related to your work. 'Motivation' works wonders and thus is highly in demand in the industry most specifically it doesn't require excellent qualifications, knowledge plethora, or rigor, it is the levels of your motivation that change the working and cultural landscape of a workplace. As you scale up, your persona which is you can be realized by your attitude, knowledge, eagerness, and intensity to work with others and how it can make a difference in the project or the working scenario.

Well, motivation is a combination of imbibed ethics, personality, attitude, and behavioral quotient while knowledge-driven working with parameters influenced largely by your attachment to the work. Motivational Levels decide your output and performance too both in the team and as an individual. So, it serves as an important parameter for the recruiters as a reference check from the peers as well as your past experience holder. The motivational Quotient to sum up covers your every behavioral pattern with attitude and your intrinsic level of urge to succeed and find solutions or emerge out of the situation. It is highly relevant to be pre-occupied but yes thinking ahead too matters a lot.

Well, if we come to the learning quotient, learning arises from a lot of factors and it depends on age, background, capacity to think and deliver, smartness, and ease of work. In learning quotient motivation too occupies a huge share. Motivation triggers learning. In essence, it is very difficult for a person to carry out learning unless and until his motivational levels are above a threshold level. Also, learning depends on your past basics. If you had been in touch with the issue being discussed at work you will respond more wisely. So learning quotient stems from the motivational levels as well as your background.

# Measurement of Motivational Quotient and Learning Quotient

Motivational Quotient is a product of attitude times behavioral component with the sum of thinking pattern and the personality traits and the knowledge capacity.

The learning quotient takes in the sum of the thinking pattern, past knowledge, attitude, and the quality of resources at hand with the multiplication of the motivational levels.

#### Second Stance:

Now we have almost discussed all the parameters necessary for success in work, life, and societal processions, now we would like to address the basic question that this paper wants to address the optimum way to Timing-Planning and transaction. We have already studied quite deeply the facets of timing and planning both in work and during study and also at the minutest level of work. Now how transactions connect with the two. Well, transaction as per its definition is, ownership change by the exchange of certain commodities; to extend our research we will consider this commodity to be real or virtual. Now transactions can be of knowledge, money, conversations both written or oral (order, request, information, display, instruction, explanation, casual, personal, speech, preachings, exclamation, or research, etc.) There are further sub-divisions of the same conversations as per the psychology where it gets further sub-divided as per the cause and the issue it addresses into parent, adult, and child states where it starts to take up the behavioral state with attitude level and how it starts to change the egoistic levels.

If we see this transactional analysis carries a huge success factor with it if it is applied properly. 'Psychological healing' and 'Competency building' are two things that emanate from it. In essence, due to disturbed conditions, psychological wounds do exist in every person, especially in some of them are very deep which prohibits one from optimally performing and learning. This is where a separate class of professionals are born and they are called by many people as psychologists, to others they are psychiatrists and a registered practitioner. So to work and deliver (concentrating just on performance) psychologically a person should be fit to hold a position and for that considering that a person comes through a long cycle of professional journey and before that a schooling period, he requires at each prominent stage of his career a good and profound psychological healing. It is a way to address the weakness in him and also a solution to allow him to achieve growth and success in life.

Where we stop, we should start from the same point. Counselors, teachers, experts, and related doctors take the stage. They keep themselves aware of the situation and through observation especially seeing that there is a very small number of instances that can result in finding the exact lacunae in the thought process which can be with the help of an expert zeroed down to smaller fragments which can be addressed specifically to the concerned person.

# Conclusion

Comprehending all that we have discussed and what we have suggested, we see-"The most important thing in life is the person himself. In his life and till he has consciousness he is the best judge of his success and failure, he is the best judge of his qualification, ability, work output as well as his progress". In this paper, we have suggested the ideal monitoring of a person age-wise and then also mentioned the key professions and the related toughness to qualify for one of them. We have tried to link with the various factors that influence performance and various checks required for the same and introduced the term psychological healing to cater all the mental deformities and upbringing of psychological wellbeing. We will continue the paper further with the keen insights highlighted in this paper.