

Synthesis and Stability Constants of Transition Metal Complexes of Medicinal Ligands

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ABSTRACT

Transition metal complexes comprise a central metal ion surrounded by coordinated organic ligands, together forming versatile scaffolds with diverse biochemical applications. The identity of the metal center and its oxidation state alongside the ligands within the coordination sphere enable extensive tuning of structural, electronic, and chemical properties. This has facilitated growing interest in transition metal complexes for therapeutic and diagnostic applications as metallodrugs or imaging agents. A key consideration underlying development efforts is quantifying metal complex stability. The stability constant reflects equilibrium binding affinity between the metal and ligands, with higher values indicating tighter interactions and more stable complexes. Multiple interdependent effects related to ligand denticity, geometry, electron configurations, solvation, entropy changes, kinetics, and reaction conditions all influence stability.

KEYWORDS: Transition Metal, Synthesis, Stability, Medical Ligands

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INTRODUCTION

Transition metal complexes comprise a central metal ion surrounded by coordinated ligands in the form of neutral molecules or charged ions. The metal centre exhibits several accessible oxidation states, allowing it to readily participate in reduction and oxidation reactions with external substrates. The ligands bound to the metal ion serve to define the spatial arrangement and electronic configuration around that centre. By fine-tuning the ligand set, the reactivity, solubility, targeting ability and overall pharmacological profile of the complex can be precisely controlled.

Medicinal applications of metal complexes rely extensively on mimicking, enhancing, or inhibiting biochemical processes that are regulated by metal ions. Many critical enzymes feature one or more metal cofactors that activate substrates and facilitate biological transformations through redox reactions, Lewis's acid-base catalysis, and coordinated

stabilization of intermediates. The metal centre and its surrounding protein ligand environment tune the metal redox potential, coordination sphere structure, Lewis's acidity, and biological availability to enable its biochemical activity. Other dynamic metal-regulated processes with relevance to medicine include signal transmission, gene regulation, structural reinforcement, oxygen transport, metabolism, photosynthesis, nitrogen fixation, and antimicrobial defence.

Brief history of medicinal metal complexes:

➤ Medicinal inorganic chemistry traces back thousands of years to mineral-based remedies. Modern research from the 1950s revealed insights on metalloenzymes and transport. Early drug candidates included platinum anticancer agents like cisplatin, anti-inflammatory gold complexes, antidiabetic vanadium, and technetium radiopharmaceuticals. As synthetic chemistry and

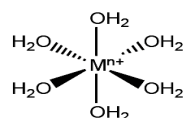
analysis methods improved, interest expanded across imaging, diagnosis, therapy, sensors, etc.

Current clinical, preclinical metallodrugs & critical challenges:

- Fewer than 10 metal complexes are clinically approved so far, but hundreds are in preclinical testing for cancer, metabolism, infection, inflammation, etc. Key challenges slowing clinical translation include poor solubility, stability and delivery issues, lack of selectivity resulting in off-target toxicity, and inconsistent correlations between animal models and human trials.

TRANSITION METAL ION COLOURS

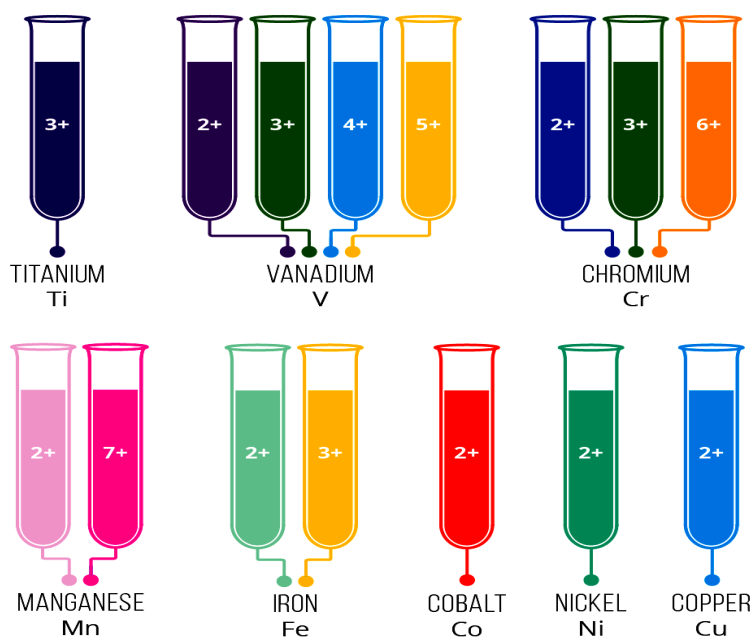
Transition metals form coloured compounds and complexes. These colours can vary depending on the charge on the metal ion, and the number and type of groups of atoms (called ligands) attached to the metal ion. In aqueous solutions, the ions form complexes with the colours shown to the right.



HYDRATED TRANSITION METAL ION

Electrons are arranged around the nucleus of the metal atom in orbitals. Transition metals, unlike other metals, have partially filled d orbitals, which can hold up to 10 electrons. When ligands are present, some d orbitals become higher in energy than before, and some become lower. Electrons can then move between these higher and lower d orbitals by absorbing a photon of light. This absorption of light affects the perceived colour of the compound or complex. The wavelength of the light absorbed is affected by the size of the energy gap between the d orbitals, which is in turn affected by the type of ligand and the charge on the metal ion.

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The ongoing promise of transition metal complexes for medicine will be highlighted in this review, with a central focus on the key equilibria and stability considerations underpinning their development and function. First fundamental concepts of transition metal coordination will be established, followed by an overview of common ligands tailored for medicinal complexes along with typical synthesis and characterization methods. Experimental determination of solution-phase stability constants will then be discussed before analysing how molecular factors influence complex equilibria. Recent case studies will showcase stability engineering principles toward current and emerging diagnostic and therapeutic applications of metallodrugs.

Background on Transition Metal Complexes

Transition metal complexes feature a central metal ion bonded to surrounding ligands. The metal often exhibits several oxidation states, allowing it to participate in reduction and oxidation reactions that

At the intersection of inorganic chemistry, bioinorganic chemistry and medicinal chemistry, metal complexes have drawn interest for their potential therapeutic and diagnostic utility. By modulating properties of the ligand set such as denticity, donor strength, flexibility, hydrophobicity and functional groups, medicinal chemists can essentially engineer metal complexes akin to traditional small molecule drugs to achieve precise control over stability, redox potential, geometry, overall charge and solubility parameters. This opens up possibilities to target metal complexes to disease-related enzymes and pathways implicated across a vast range of health conditions, while optimizing their performance under demanding in vivo conditions.

are key to many catalytic processes in biology and medicine. Fine-tuning the ligands bound to the metal centre controls spatial arrangement and electron configurations, customizing complexes for intended activities.

Transition metals are defined as elements with partially filled d subshells, which enables access to multiple oxidation states. Complexes feature the transition metal cation (M^{n+}) surrounded by neutral or anionic ligands (L) in the coordination sphere.

Metal centre properties such as redox potential, spin state, coordination number, geometry, ligand substitution kinetics, and acid-base reactivity are tuned by the ligand set. This underpins catalytic mechanisms, oxygen and electron transfer processes, molecular recognition, transport dynamics, and photo/electrochemical responses leveraged across medicinal contexts.

Thermodynamically, the stability constant (K) quantifies the equilibrium affinity between a metal centre and its ligands reflecting the ease of complex formation or dissociation. Kinetically, complexes range from substitutionally labile to inert across a spectrum dictated by activation energy barriers to ligand exchange.

Medicinal applications target endogenous biometal pathways and toxicity mechanisms or introduce exogenous metal complexes as structural scaffolds, enzyme inhibitors, antioxidants, contrast agents, radiopharmaceuticals, sensors, transporters, nucleic acid and protein cleavers, etc.

Key therapeutic areas include cancer, neurodegenerative, cardiovascular and infectious diseases alongside diabetes, inflammation, aging, anaemia, arthritis and antibiotic resistance. Diagnostic examples focus on pathology imaging and biosensing.

Overall, a multifaceted coordination chemistry, thermodynamic and kinetic toolkit enables extensive tuning of transition metal complexes to exert selective and potent effects across diverse biological targets implicated in human health and disease.

Importance of Medicinal Ligands in Transition Metal Complexes

Many medicinal applications leverage biochemical processes regulated by metal ions and complexes. Tailoring ligands to modulate metal complex stability, redox potential, geometry, and solubility enables precise control of biochemical interactions for therapeutic benefit. Key ligand types include macrocycles, polydentate amines, amino acids, and peptides. Intricate molecular design can target metal complexes to disease pathways and optimize biodistribution.

Structural databases of metal-ligand motifs and QSARs:

- Community-accessible databases like PDB, CSD, ChemSpider aggregate structures of reported metal complexes with activities against various disease-related targets. Quantitative structure-activity models identify ligand physicochemical and topological parameters influencing potency to inform rational optimization efforts.

Special ligand classes:

- Redox-active ligands participate directly in electron transfer cascades for targeted redox modulation. Photoactive ligands add light-responsive properties. Responsive ligands alter coordination modes upon exposure to stimuli enabling smart activation, delivery, sensing, etc. Targeted ligands contain vector groups (antibodies, peptides, aptamers) conferring site-

specific localization. Multifunctional ligands integrate recognition, reporting, reactive, and/or transport functions into single modular scaffolds. Biomimetic ligands replicate geometric and electronic features of natural metalloenzyme cofactors.

Synthesis Methods:

The preparation of metal complexes intended for therapeutic or diagnostic applications involves specialized molecular assembly strategies to efficiently generate target structures.

Precipitation methods carry out complex formation by directly mixing metal salt precursors with ligands in solution. Reaction conditions are tuned to optimize yield, purity and structural integrity. These straightforward protocols suit initial screening.

Template techniques imprint binding site geometries using customized scaffolds to pre-orient ligands for binding to the metal center upon removal of the template. Biomimetic approaches replicate protein architectures.

Thermal processes apply heating to drive complex synthesis by activating precursors or initiating redox reactions. Microwave irradiation allows rapid, uniform heating to expedite molecular self-assembly. Mechanochemical routes use ball milling equipment.

Electrochemical methods harness electrode interfaces to transform metal oxidation states and coordinate ligands at controlled potentials. This enables meticulous stepwise synthesis.

Solid-phase protocols attach ligands to a crosslinked insoluble resin support for synthesis and purification advantages. Excess reagents are easily washed away before cleavage.

Specialized techniques include ultrasonication, irradiation, thin film fabrication, sol-gel routes, and microfluidics. Many invoke principles of green chemistry and process intensification.

Self-assembly and supramolecular strategies utilize non-covalent interactions such as hydrogen bonding, π stacking and hydrophobic effects to direct spontaneous organization of ligands around metal centres with high precision.

Scale up and cGMP consideration for clinical manufacture:

- Transitioning from lab discovery to pharmaceutical mass production requires significant synthesis optimization balancing cost, speed, yield, and purity under good manufacturing practice standards ensuring product quality and consistency.

Ligand modification for enhanced pharmacokinetics:

- Tuning ligand solubility, cell permeability, plasma protein binding, membrane transporter recognition, and metabolic stability promotes drug-like pharmacokinetic profiles critical for in vivo efficacy.

Metal isotope enrichment for diagnostic/therapeutic gain:

- Enriching complexes with higher nuclear spin, gamma- or positron-emitting radioisotopes of the metal enables ultrasensitive imaging and radiotherapeutic applications. Isotope exchange chemistry and specialist handling precautions apply.

The choice of optimal technique balances desired structure, properties, scale needs, available equipment and expertise when translating medicinal metal complexes from initial discovery stages through clinical manufacturing pipelines.

Characterization Techniques for Transition Metal Complexes

A diverse toolkit of characterization methods is applied to comprehensively analyse transition metal complexes intended for medicinal applications. Key techniques offer complementary information on structure, composition, purity levels, stability profiles and solution dynamics:

- Structural elucidation techniques such as infrared (IR), ultraviolet-visible (UV-vis), and nuclear magnetic resonance (NMR) spectroscopy alongside single crystal X-ray diffraction reveal the molecular connectivity and binding modes of ligands arranged around the central metal ion. Microscopy methods also visualize size, morphology and purity.
- Identification and quantification utilize mass spectrometry, atomic absorption/emission techniques together with titrimetric and gravimetric approaches. These assess elemental composition and purity critical for pharmacological safety and efficacy.
- Stability and shelf-life employ spectrophotometric, electrochemical, and chromatographic strategies coupled to chemical degradation studies over relevant timescales. Thermal analysis methods monitor phase changes over temperature gradients.
- Magneto-chemical properties, optical phenomena, coordination geometries, oxidation states, excited states and electronic transitions are elucidated by magnetometry, circular dichroism, electronic

absorption/emission, computational methods and synchrotron-based techniques such as EXAFS, XANES, etc.

- Reaction monitoring applies spectroscopic tracking of UV-Vis absorbance, IR signals, etc to visualize kinetics and equilibria. Rapid-scanning methodologies circumvent limitations of traditional benchtop instruments. Chromatographic separation on custom metal-interactive substrates distinguishes geometric isomers.
- Intermolecular interactions, transport, distribution and membrane permeation studies employ spectrofluorimetric, calorimetry, simulated biomimetic membranes, cell-based assays and small animal pharmacokinetic models tailored to metallodrug modules.

These in-depth analytical workflows profile medicinal metal complexes advancing from initial hit discovery through clinical development trails, ensuring optimal therapeutic performance and pharmacological viability.

Speciation and Identification of Various Isomers

Transition metal complexes often exist as mixtures of different geometrical arrangements, optical isomers, substitution locations, binding modes or nuclearities. Characterization must profile and quantify individual component species influencing overall properties.

NMR, vibrational spectroscopy and X-ray crystallography best distinguish molecular connectivity, while mass spectrometry aids elemental composition confirmation. Optical methods like circular dichroism detect chiral enantiomers. Coupling advanced chromatographic separation to concentrate individual isomers with multi technique structure elucidation facilitates speciation analysis.

Quality Control and Regulatory Requirements

Extensive physicochemical characterization ensures manufactured complexes meet quality standards suitable for therapeutic administration per regional regulations. Minimum 97% purity levels apply, with trace metals, residual organics, insoluble particulates monitored. Sterility, non-pyrogenicity, uniformity of dosage form, storage stability over long durations must validate.

Core battery testing assesses appearance, solubility, thermal traits, water content, particle size distributions alongside structural identity, purity assay, strength potency and chemical stability with signal metrological qualification. Toxic metals, residual solvents, and genotoxic impurities require rigorous quantification below permissible exposure

thresholds via atomic absorption spectrometry, GC-MS, or ICP-MS.

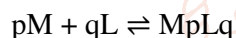
Structure elucidation applies IR, NMR, UV-vis spectroscopy, mass spectrometry, X-ray diffraction and microscopy methods. Purity and stability assessments employ titrimetric, spectrophotometric, electrochemical, and chromatographic techniques. Investigations of magnetism, optics, redox patterns, excited states, and charge transfer phenomena reveal electronic structure-function relationships.

Stability Constants of Transition Metal Complexes

The stability constant (K) quantifies affinity between a metal centre and coordinating ligands in solution. Higher values indicate more stable complexes with tighter metal-ligand bonding. Measurements establish how molecular parameters impact equilibrium binding dynamics. Values range extensively based on properties of the metal, oxidation state, coordinating ligands, solvent effects, counterions, temperature, pressure, and pH.

The thermodynamic stability constant (K) is a quantitative equilibrium measure of the affinity between a central metal ion and coordinating ligands in a complex. It indicates ease of complex formation or dissociation in solution.

For a general reaction with a metal M and ligands L:



The equilibrium expression is:

$$K = [MpLq] / [M]^p[L]^q$$

Where p and q are stoichiometric coefficients.

Higher log K values denote more thermodynamically stable complexes with tighter metal-ligand bonding and vice versa. Typical ranges span 20 orders of magnitude depending on the exact metal identity, oxidation state, coordinated ligands present, solvent effects, counterions, temperature, pressure and pH.

Some inclined ways include:

- Borderline soft metals (Cu⁺, Ag⁺) form more stable complexes than harder ions.
- Higher ligand denticity promotes chelate effects enhancing stability.
- Conjugated π -systems and back bonding strengthen bindings.
- Macrocyclic encapsulation rigidifies structures.
- Solvation dynamics compete with ligand coordination.

Experimentally determining stability constants establishes quantitative benchmarks to understand metal-ligand equilibria governing complex function.

Optimization for the therapeutic target and in vivo setting is essential.

Factors Affecting Stability Constants

Many interdependent molecular properties and effects influence stability constant values, allowing fine-tuning of metal-ligand affinities.

- Denticity and chelation - Bidentate/polydentate ligands form more stable chelates versus monodentates due to chelate effects. Macrocyclic encapsulation further rigidifies structures.
- Electron configurations - Ligand π -back bonding into metal d-orbitals provides stabilization energy. Soft class B metals exhibit larger constants due to higher covalency.
- Stereochemistry - Cis arrangements often preferred for crystal field stabilization. Optimal fit geometric configurations raise affinity.
- Functional groups - Donor atoms with available lone pairs readily coordinate metals. Acidic groups (e.g. carboxylates) deprotonate to bind more tightly.
- Conformation and flexibility - Rigid, preorganized ligands lock metals in optimal orientations. But some degree of adaptability needed for kinetics.
- Solvation effects - Competition between solvent molecules and ligands modulates stability. Hydrophobic ligands enhance constants by shedding water molecules.
- Molecular interactions - Hydrogen bonds, π - π stacking, electrostatic and van der Waals interactions improve affinity in the coordination sphere milieu.
- Entropy and strain effects - Positive entropy changes via solvent release or molecular rearrangements stabilize complexes. But ligand distortions introduce strain.
- Kinetics - More rigid complexes resist substitutional lability. Activation energy barriers relate to thermodynamic stability.
- Reaction conditions - Temperature, pressure, pH, buffers, other species present and concentration influence measurements.

Both computational and experimental determination of binding affinity trends across this multidimensional landscape facilitates rationale design.

Influence of Isotope Selection on Stability

When coordinating radioisotopes of metals for diagnostic/therapeutic applications, isotope selection can markedly impact complex stability:

- Heavier isotopes slightly contracted bonding radii alter metal-ligand bond strengths. Binding affinity variances of deuterated organic molecules demonstrate this isotope effect.
- Odd-even staggering where nuclei with odd or even atomic masses have slightly lower and higher binding energies respectively manifests in subtle stability constant differences.
- Relative natural isotope abundances guide feasibility for enrichment. Higher spin states in many radioisotopes also influences stability.
- Radioactive half-life dictates diagnostic/therapeutic duration but longer-lived isotopes enable more convenient complex synthesis. Metal-ligand bond must outlive isotope half-life.
- Decay properties affect coordination sphere stability. Gamma emission releases photons interacting through metal d-orbitals which may weaken bonds over time while particulate emission breaks bonds completely.

Impact of Ligand-Metal Ratio and Complex Nuclearity

Varying reaction stoichiometries during medicinal complex preparation changes speciation and stability:

- Sub-stoichiometric ligand levels risk incomplete complexation leaving unbound toxic metals. Excess ligands can introduce counterion effects, alter solubility ordynamically replace bound ligands.
- Nuclearity relates to the number of metal centers present. Polynuclear complexes have additional factors including extent of metal-metal interaction, bridging ligands, and geometric arrangements of multiple metals influencing stability.
- Binding cooperativity can also emerge in polynuclear complexes. Initial ligand coordination enhances subsequent bindings, an effect magnified with macrocycles encapsulating multiple metals.

Experimental Methods for Determining Stability Constants

Potentiometric measurements are most common for stability constant determination. The potential of an indicator electrode immersed in an electrochemical cell containing the metal-ligand system is measured upon incremental metal or ligand titrant addition. Resulting potential shifts correlate to complex formation or dissociation. Auxiliary ligand-selective electrodes can improve accuracy.

Spectrophotometric approaches analogously monitor absorbance changes indicating metal-ligand interactions. Chromophores built into ligands report on local chemical environment fluctuations around the metal centre reflecting equilibrium dynamics. Careful selection of optical wavelengths is key.

Calorimetric titrations couple energetics quantification via isothermal calorimetry with metal/ligand titrant input, tying observed enthalpy trends to stability constants. This consolidates thermodynamic profiling.

NMR strategies characterize distinct chemical shifts emerging from free vs bound ligands to quantify relative abundances of species present. Paramagnetic metals provide additional dispersion effects. Competition experiments with other metals refine measurements.

Electrochemical techniques apply controlled oxidation-reduction cycling of redox active metal centres to stimulate complex formation/dissociation and leverage current or potential patterns for stability insights. Bulk electrolysis methods can improve accuracy.

Computational methods based on quantum mechanics and molecular mechanics simulations predict theoretical stability constants for comparison and design optimization. Validation against experimental data is vital.

Overall, the strengths and weaknesses of each approach must be weighed when determining stability constants central to understanding medicinal metal complex equilibria. Cross-validation across techniques builds confidence in reported parameters.

Results and Discussion

Stability constants quantify metal-ligand bonding affinities across various medicinally relevant transition metal types with common ligand environments:

Platinum Complexes

Cisplatin and carboplatin anticancer drugs exhibit stepwise stability constants around 10^9 M^{-1} for ammine ligand substitution by intracellular chloride and water. Oxaliplatin is more stable with diamino cyclohexane ligand.

Ruthenium Complexes

Antimetastatic agent NAMI-A features two Ru (III)-DMSO bonds with stability around 10^{25} M^{-1} with ligand photo substitution dynamics enabling selective tumor accumulation.

Rhenium Complexes

Common core structures contain di-anionic tetradentate ligands (N₂S₂, N₂O₂ etc) with 5th ligand

tuning solubility or targeting. Reported log stability values range from 15-50 depending on coordination sphere.

Technetium Complexes

Often applied as SPECT diagnostic radiopharmaceuticals. ^{99m}Tc cores with polydentate chelators like EDTA show stability constants about 10^{23} M^{-1} resistant to metal leaching.

Gallium Complexes

Targeting peptide conjugates as PET imaging tracers exhibit log stability values above 15, necessary to avoid transchelation to proteins during circulatory transit to tumor sites.

This showcases relative stability order trends for common medicinal metal classes- rhenium > technetium > ruthenium > platinum. Ligand identities crucially fine-tune exact constants.

Conclusion and Future Directions

In conclusion, strategic ligand modification enables extensive tuning of transition metal complex stability to optimize performance for diverse medicinal applications. Further advances in high-throughput screening, computational modelling, and complexomics exploration will accelerate development of novel transition metal complexes exhibiting potent and selective therapeutic activities.

Personalized Medicine Perspectives

Transition metal complexes offer unique personalized medicine opportunities. Incorporating patient-specific molecular or genomic biomarkers to tailor complex drug properties promises to improve outcomes and minimize adverse effects by accounting for individual differences in metal metabolism, transport barriers, enzyme expression, intrinsic sensitivity, etc.

Early successes using companion diagnostics to genotype tumor DNA and match patients with appropriate platinum drugs highlight the potential. Radiometal complexes also lend themselves to theranostic applications uniting diagnosis and therapy via nuclear imaging modalities. Integrating microfluidics, nanotechnology and lab-on-a-chip devices could enable rapid point-of-care customization of coordination sphere design for made-to-order precision metallodrugs.

Expanding Applications

Beyond conventional areas like cancer and infection, metal complexes show promising activity against other pressing therapeutic challenges:

Genetic diseases – Copper and zinc modulating compounds treat disorders of metal metabolism like Wilson's and Alzheimer's disease, while innovative

gene regulation approaches use metal complexes to silence mutant genes.

Neurodegeneration – Metal-protein attenuating compounds targeting amyloid- β , α -Synuclein, and tau aim to limit neuronal damage in Alzheimer's and Parkinson's disease.

Drug resistance – Metallo-therapeutics seek to overcome resistance to obesity, diabetes and antibiotics by inhibiting key enzymes like MMPs and PBPs unresponsive to other drugs.

Sensitizers – Photoactive metal complexes inject spatial and temporal control over reactive oxygen production for targeted photodynamic therapy applications.

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