

# Case of Warts Treated by Constitutional Case Study Approach

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## ABSTRACT

Warts are the growth of skin resulting from human papillomavirus infection. These may be single, multiple, smooth, or cauliflower-like and are generally treated by applying medicine externally or surgical excision procedure. Homoeopathy has a major role in the treatment of warts, this case show you how can be useful a constitutional approach in cases of warts insted of any kind of unwanted surgery.

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## INTRODUCTION

- A 27 yrs male patient, presented his complaints with,
- Small multiple papular eruptions on left side belowthe jaw or left side of neck.
- Onset: since 5-6 months
- Progress: gradually

## ASSOCIATED COMPLAINTS

- Coryza on and off
- allergic < +2 change of weather, sand or dust.
- Watery nasal discharge with sneezing.

LOCATION	SENSATION AND PATHOLOGY	MODALITIES	CONCOMITTENTS
1 ) NECK, LEFT SIDE O: 5-6 MONTHS	SMALL MULTIPLE PAPULAR ERUPTIONS,  HARD TEXTURE, NO PAIN, NO TENDERNESS, NO ANY OTHER SENSATION, PROFUSE WATERY STICKY	A/F: ? NO ANY MODALITIES	THIRST: SMALL QUANTITY OFTEN
2) RS, NOSE,  F: ON/OFF D: 2-4 DAYS	NASAL DISCHARGE+2, SNEEZING+2	A/F: CHANGE OF WEATHER+2 <COLD+2 <DUST +2	

- **SMALL MULTIPLE (6-7) PAPULAR ERUPTION**

➤ **BEFORE TREATMENT**



- **Past history:** NIL
- **Family history:** Mother: **O.A**, Father-**Hypertension**

➤ **Personal history :**

- Appetite: Normal and adequate
- Thirst: small quantity often
- Desire: sweets

➤ **GENERAL EXAMINATION :**

- Pulse: 124/ MIN
- SPO2: 96%
- Weight: 45KG
- Nails: PINK
- Conjunctiva: PINK
- Tongue: WHITE COATED
- Stool: Constipation occassionally
- Urine: Normal
- Sleep: 8 hrs and refreshing
- Perspiration: on face
- Thermal: chilly

**SYSTEMIC EXAMINATION:**

- RS: AIR ENTRY-BLE, BREATH SOUND: VESICULAR
- CVS: S1-S2\_NORMAL
- GIT: P/A SOFT

**LIFE SPACE**

- Pt was born at choranda, Karjan. His family consist of Gfa, fa, mo, uncle, and aunty. He is 2<sup>nd</sup> child of his parents. He has 1 elder bro and elder bro lives in navsari with relatives. Pt have good IPR with all members of house. Sometimes he fights with all the family due to his demands (new cloths, money toys), sometimes they fulfill and sometimes they not. But he doesn't mind that. He used to complete his own work on time.

- **School Life:** He studied in choranda till 10<sup>th</sup> std and 11<sup>th</sup> & 12<sup>th</sup> at Karjan. When asked about his behavior he said “chupchap shant swabhav no chhokro hto”he got 86% in 10<sup>th</sup>. His routine was to go school and come back to home that’s it. He likes to play indoor games. He was excellent student of his class. He had 4-5 friends in school. He had 1 affair in 12<sup>th</sup> std but the girl left him after few monthsof relationship, after that he started trust issues. He had low self-confidence. Hecompleted his M.COM.
- **Present life:** Nowadays, he started job at COSMO FILMS LTD, KARJAN, as an accountant. He is not satisfied with Present salary Package, he tries to learn more things about his field, and then he also thinks to apply for New job. He has desire to earn more money, so he started tutions at home for earning more money & from that he tries to adjust his expenses.
- **Pt as person:** He is cool and calm by nature, Quite irritable due to lockdown effect, Due to low salary status feels uselessness. He wants to complete work on time, always hurried in work. He wants all things perfect in manner and studies in routine. Having good self-confidence. He likes to stay with full family, anxious about future career, he is very health conscious and does regular exercise to be fit.
- **OBSERVATION:** Every time he answered, tried to explain everything in detail and talked to much, quite nervousness when asked about old affair and started avoiding to give answers. The facial expressions were changed from normal to sad. Otherwise he was having good self-confidence.

### MENTAL GENERALS

1. Health conscious
2. Fastidious in work, speech
3. Desire to earn more money, greedy
4. Having trust issues
5. Talkative
6. Dreams: occ. fearful, road accidents

### TOTALITY

1. Health Conscious
2. Fastidious In Work, Speech
3. Desire To Earn More Money, Greedy
4. Having Trust Issues
5. Talkative
6. Dreams:Occ. Fearful, Road Accidents
7. Thirst: Small Quantity Often
8. Desire: Sweets
9. Tongue: White Coated
10. Dry, hard Multiple Papular Eruptions On Neck
11. Coryza <+2 Change Of Weather, <+2 cold, <+2 dust
12. Chilly Pt.

### REPERTORISATION AND REPORTORIAL RESULT

	Ars	Nat-m	Phos	Sulph	Calc	Lyc	Nux-v	Puls	Arg-n	Carb-v	Graph	Mag-c	Nat-ar	Nat-c	Petr	Acon	Rhus-M	Sil	Anac	Ant-M	Bry	Chin	Choc	Cupr	Hep	Hydrog	led
Weighted	19	12	14	16	12	15	12	16	11	12	10	8	10	11	9	9	12	10	9	7	10	12	8	7	10	8	
Rubrics covered	10	9	9	9	8	8	8	8	7	7	7	7	7	7	7	7	7	7	6	6	6	6	6	6	6	6	
Rubric grades	19	12	14	16	12	15	12	16	11	12	10	8	10	11	9	9	12	10	9	7	10	12	8	7	10	8	
<b>M</b> entals	2	2	1	1			2	3	1		2		1	1				1	2					1		1	
<b>M</b> entals	2	1	1	1	1	2	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	2			1	1	
<b>M</b> entals	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2		1	1	1	
<b>M</b> entals	1		1						1	2	1	1			1	1	1						1	1	1	1	
<b>S</b> tomach		1	1	2	1	3	1	1		1			1			1	2			1	1	1	2	1	1	1	
<b>G</b> enerals	3	1	2	3	2	3	1	2	3	2		1	1	2	1		2	1			2	3	1			1	
<b>M</b> outh	3	2	2	3	3	2	2	3	2	2	2	1	2	2	2	2	2	2	1	2	3	2	1	1		1	
<b>E</b> xternal Thr	2	1	1	1	1	1	1	1		1	1	1	1	1	1	1	1	1	1	2	1	1	1		2	1	
<b>N</b> ose	3	2	3	3	2	2	3	3	2	3	2	2	3	2	2	2	3	3	2	1	2	2	1	1	3	1	
<b>N</b> ose	1			1																					1	1	
<b>G</b> enerals	1	1			1	1							1						1								

	<b>DEFINE WITH REASONS THE STATES</b>	<b>Potency Choice</b>	<b>REPETITION</b>
1.	Susceptibility (tissue) Age-27 Sex-male Occupation- accountant POD- Moderate SOD- structural Characteristic ++	LOW to MODERATE  30-200	<b>INFREQUENT</b>
2.	Sensitivity (Mind & Nerves) Mind- ++ sleep - Nerves- Dream ++	Low  200	<b>INFREQUENT</b>
3.	Correspondence (degree & level) Mind ++ Body ++	CONSTITUTIONAL RX  ARS ALB 200	<b>INFREQUENT</b>
4.	Functional changes Nil	-	
6.	General vitality GOOD	HIGH 1M	<b>INFREQUENT</b>
7.	PRESENTATION- A. Dominant miasm  Sycosis	  LOW-to MODERATE 200	<b>INFREQUENT</b>

➤ FINAL SELECTION OF REMEDY AND FIRST PRESCRIPTION.

- RX.           1) ARS ALB 200 single dose HS.  
                  2) SL 30 BD FOR 15 DAYS.

**CRITERIA**

1. Papular Eruptions- size
2. Coryza
3. Coryza – I- < Change of weather
4. Coryza    II- < Cold
5. III- < Dust
6. Thirst
7. App
8. Sleep

**Followup**

DATE	1	2	3	4	5	6	7	8	Prescription
18/06/22	SQ	>-70%	>-70%	>-70%	>-70%	N	N	N	ARS. ALB 200 single dose HS SL 30 BD for 15 days
05/07/22	SQ	>-90%	>-90%	>-90%	>-90%	N	N	N	ARS. ALB 200 single dose HS SL 30 BD for 15 days
20/07/22	>-10%	>++	>++	>++	>++	N	N	N	ARS. ALB 200 single dose HS SL 30 BD for 15 days
05/08/22	>-30%	0	0	0	0	N	N	N	ARS. ALB 200 single dose HS SL 30 BD for 15 days
22/08/22	>-50%	0	0	0	0	N	N	N	ARS. ALB 200 single dose HS SL 30 BD for 15 days
08/09/22	>-70%	0	0	0	0	N	N	N	ARS. ALB 200 single dose HS SL 30 BD for 15 days
26/09/22	>-90%	0	0	0	0	N	N	N	ARS. ALB 200 single dose HS SL 30 BD for 15 days
12/10/22	>++	0	0	0	0	N	N	N	SL 200 single dose HS SL 30 BD for 15 days

**After Treatment**

