

A Case Report: Adjustment Reaction in School Children

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ABSTRACT

Adjustment is a built-in way to deal with a problem or other life facts. Adjustments were taken as an indication of integration; harmonious human behavior when another person in society sees the person being properly corrected. Adjustment begins from childhood. Adjustment is not as simple as adapting to a new environment or environment. It is actually a process of behavior in which humans and other animals maintain a balance between their various needs or between their needs and the barriers of their environment. Common problems in coping with stress, alcohol abuse, suicide (Tried and Ended), drug abuse, bipolar affective disorder, violence, murder, rape, robbery, serious assault, child abuse, sexual abuse, phobia (Social phobia), behavioral disorders and mental illness.

KEYWORDS: *Harmonious behavior; Bipolar affective disorder; Homicide; Schizophrenia*

INTRODUCTION

Adjustment is a process of behavior in which different people and creatures maintain a balance between their different needs or between their needs and the environmental barriers. The sequence of consents begins when the need is felt and ends when it is fulfilled. Coping is a process of controlling tax situations, using an effort to solve personal and personal problems, and seeking to know, reduce, reduce or tolerate pressure or conflict.

Adjustment is an ongoing process, not a permanent or permanent condition, in fact correction is defined as an ongoing process of satisfying one's desires, and it involves many aspects of behavior. The amendment covers four specific areas which are academic reform, social reform, personal emotional remediation, and adherence to educational and institutional goals and objectives.

Children with mental illness face significant challenges of discrimination, segregation and discrimination, and lack of access to health care and educational institutions, which violate their basic rights. The wealth of the country is small in terms of modesty and unique property but lies largely in the

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nature and environment of the majority of its children and youth. They will be the makers and creators of the future of this country. Today's children will be adults tomorrow. Their level and ownership will determine the type of predestination that will enhance the country. Helping a child is important when he or she is in trouble and school life can affect the children's development. This study can conclude that as adjustment grows the coping behavior increases at a slower rate.

The transition to adulthood will largely depend on whether a person becomes an adult. Adolescence is often believed to be a time of great stress and turmoil as rapid physical and mental changes take place during this time. All cultural groups are expected of each individual according to their stage of development. The successful completion of such developmental activities leads to happiness and helps to succeed in the latest endeavors, the failure of unhappiness and development. Young people are going through a transition into adolescence and one of the biggest challenges they will face is affecting mental health and social identity. They deal with all

kinds of pressures, difficulties and situations such as peer pressure, moving to a new school, breaking up with friends, conflicts with parents, striving for independence, tests, feeling unwell, changing or home turmoil, exam stress and failure and above all adolescence changes, expulsion from school or absenteeism.

Life is a continuous improvement of internal relationships and external relationships. Every new fix is a disaster for self-esteem. All biological events work to correct, there are no biological actions without correction. Adjusting another calibration name. Equilibrium is universal, or what you do not have outside of dispersal.

Although most corrective disorders are resolved within six months of the event, some children and adolescents may have long-term consequences of the disorder. These long-term effects may include: Insomnia, Social isolation and withdrawal, Drug Abuse, Alcohol, Schizophrenia, Depression, Mental Disorders, Behavior Change, Behavior Change, Emotional Modification, Bipolar Disorder, Antisocial Personality Disorder, Self-Destruction, Thoughts suicide and behavior. Adolescence is an important period in which you face many problems of recognition with your parents, peer groups and all other members of the community. It is therefore the responsibility of parents to understand the problems of correcting their children.

Conclusion

Corrective disorders are more common among children and adolescents, occurring at regular intervals between boys and girls. Disruption disruptions occur in all cultures; but cultural influences may influence the type of stress and symptoms experienced. Children and adolescents of all ages experience correctional disorders; however, it is thought that the symptoms of the disease will vary between children and adults. Adults may experience

more emotional reactions while children and teens tend to imitate.

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