

A Study on Importance of Guidance and Counseling Services in Secondary School Students at Thanjavur District

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ABSTRACT

The researcher found it necessary to establish the role of guidance and counseling. The findings are illustrated in table. Guidance and counseling services are essential elements in discipline management of people in all societies. This paper reviews the guidance and counseling at schools across the India. "The Guidance programmed assumes a lot of importance for secondary schools as the Indian society is undergoing rapid change, socially as well as economically coupled with the changes in the values and life style of people". Consequently round pegs are inserted in square holes and square pegs at round holes, resulting in wastage of human services. Due to this reason it is therefore necessary to have well organized guidance program to remove the defect. Society itself and its demand are continuously changing and becoming more and more complex and without any guidance program it is not possible for a child to cope with the changing society.

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1. INTRODUCTION

Schools are temples of learning and education is preparation for life. Aim of education is all-round development and harmonious adjustment of an individual in various aspects of his life. If this is to be achieved, then education is not limited to imparting knowledge as the duty of a teacher and accumulating knowledge as the duty of a student. The unique potentialities of each individual along with environmental opportunities will have to be taken into, account in making the individual capable of contributing maximum to the society.

2. GUIDANCE AND COUNSELING

The aims of guidance and counseling service in schools is to assist the student in fulfilling his / her basic physiological needs, understanding themselves and developing associations with peers, balancing between permissiveness and controls in the school setting, realizing successful achievement, and providing opportunities to gain independence (Heyden, 2011). The purpose of guidance and counselling therefore provides emphasis and strength

to educational programs. Some specific aims of the school guidance and counselling program includes the following (Gibson, 2009

3. SCOPE OF THE STUDY

Guidance and counseling to students should be based on the reliable data about them. Parents, guardians, teachers and peers of the student can provide a wealth of data. Besides these, anxiety scale, self - concept test can also be administered to obtain the needed data. Identification of problems affecting academic performance of students and their personality development is the first and the foremost step in the process of counseling.

4. NEED AND SIGNIFICANCE OF THE STUDY

This study will help enlighten the public and proprietors of schools who are interested in the training of the youth of the aim of guidance and counseling services rendered in the schools, which is meant to help the school in achieving their goals.

5. LIMITATIONS OF THE STUDY

- The present study is limited to the High School Students in Thanjavur District only.
- Sample from only Government, Private and Aided School.
- High School Students have been Selected for the Present Study.
- The study is conducted among 300 students from High School Students in Thanjavur District.

6. STATEMENT OF THE PROBLEM

The problems of the present study is *“A Study on Importance of Guidance and Counseling Services in Secondary School Students at Thanjavur District”*.

7. HYPOTHESES OF THE STUDY

- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of their Gender (**Male and Female**).
- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of their **Management of the School (Government School and Aided School)**.
- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of their **Management of the School (Government School and Private School)**.
- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of their **Management of the School (Aided School and Private School)**.
- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of their **Locality of the school (Rural and Urban)**.
- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of their **Students Residence (Day Scholar and Hostler)**.
- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School

Students on the basis of their **Qualification of the Parents (Literate and Illiterate)**.

- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of the **Employment of the Parents (Employed and Unemployed)**.
- There is no significant difference between the mean scores of the Importance of Guidance and Counseling Services in Secondary School Students on the basis of their **Parents Annual Income (Above 50,000 and Below 50,000)**.

8. RESEARCH DESIGN

The design of the study deals with the method, the sample, tools, used, description of the tools. Validity and reliability of the tools used and procedure of this study.

9. METHOD AND ITS PROCEDURE

Normative survey method is used. The term ‘Survey’ suggests the gathering of evidence relating to current conditions. The term ‘normative implies the determination of normal or typical conditions. The normative study is used for the type of research that proposes to ascertain what the normal or typical condition of practice is at the present time. It brings into focus of our attention on existing educational problems and also suggests the ways of meeting them. The survey method facilitates drawing generalizations about a large population on the basis of studies of representative sample.

10. SAMPLES OF THE STUDY

As the entire A total of 300 students were selected from four Secondary School Students in and around Thanjavur District. Could not be taken for the present study due to time constraint. The 300 students following have been taken as sample to represent the whole population.

11. PILOT STUDY

Pilot study is one of the most important stage in the selection of test items with helps the investigator to have the most relevant items for the final study. It also helps implementing the items which are not required for the study.

The questionnaire was given to a sample of 30 students from Aided school. The investigator with necessary instructions distributed the questionnaire. The students were asked to return the questionnaire only after filling up all the items in the questionnaire. They took maximum of 20 minutes to fill the questionnaire.

12. FINDING OF HYPOTHESIS

S. No	Hypotheses	Variables	Calculated t- value	Significance at level	Table Value	Remarks
1.	1.	Male and Female	0.94	0.05	1.96	Not Significant
2.	2	Government and Private	1.07	0.05	1.96	Not Significant
3.	3	Private and Aided	1.69	0.05	1.96	Not Significant
4.	4	Aided and Govt.	0.67	0.05	1.96	Not Significant
5.	5.	Rural and Urban	1.24	0.05	1.96	Not Significant
6.	6	Day Scholar and Hostler	0.72	0.05	1.96	Not Significant
7.	7.	Educated and Uneducated	1.17	0.05	1.96	Not Significant
8.	8.	Employed and Unemployed	0.81	0.05	1.96	Not Significant
9.	9.	Below 50000 and Above 50000	1.85	0.05	1.96	Not Significant

13. CONCLUSION

The present study reveals that there is Importance of Guidance and Counseling Services in Secondary School Students. Both of them are related to each

other. Students should be Importance of Guidance and Counseling Services in Secondary School Students with is the hope for an individual and the nation.

