

# Homeopathy in Covid Syndrome or Covid Illnesses

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## ABSTRACT

Covid 19 is an Acute Respiratory illness in Humans Caused By a corona Virus, Capable of Producing Severe Symptoms and in some cases Death, especially in older People and those With Underlying Health Conditions; Because of Covid-19 people experienced such mental disorder like Anxiety, Panic attack, depression, delirium etc and many people were unemployed because of Covid and Lockdown.

Virus can cause long term effect such as Chronic Kidney disease, Stroke, ARDS, pneumonia, hallucinations, Delirium etc.

Because of some medicines and injections Patients conditions got worsen and can't get fully recovery from it and at that stage homeopathy gave marvellous results and Brings back the persons normal life and Routine.

So Homeopathic medicines are more likely to give very Successful results in covid and Post covid condition and Main part is Homeopathic medicines has no any side effects like other System of Medicine.

**KEYWORDS:** *Homoeopathy, Long covid illness, immune system, psychological impact, Lachesis*

## INTRODUCTION

Covid-19 pandemic that we all experienced and Lot of people get Experienced from that virus and many deaths were also noted as well.

We experienced such symptoms of covid as well but those patients who have been infected with SARS COV-2 (Severe Acute Respiratory Syndrome Coronavirus disease), The virus That causes Covid-19 have new recurring or ongoing symptoms and clinical Findings four or more weeks after infection.

So, in general Post covid Conditions can be considered a lack of Return to a usual state of Health following acute covid-19 illness.

Post covid Conditions might Also include development of New or Recurrent symptoms that occur after the symptoms of Acute illness have Resolved.

It can affect the psychological impact of a patient.

People experience Anxiety disorder, panic attacks, Insomnia, depression, fear of death, Lack of Concentration, feeling of Unworthiness, Post traumatic stress disorder etc.

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So, that kind of symptoms can badly affect person as a whole and may cause harm to the body. In which Homoeopathy has wider scope to treat that kind of Psychiatric disorder; many people get benefited from homoeopathic medicines and Experienced Better quality of life and routine after taking Homoeopathic medicines.

So, homoeopathy has no side effects like other systems of medicine and Gave fantastic results in Post covid conditions and such kind of Mental illnesses...

## CAUSES OF CONTINUED SYMPTOMS IMMUNE SYSTEM RESPONSE

- 1. WEAK IMMUNE RESPONSE** Can be caused by
  - A. Advance age
  - B. Pre-existing Condition Affecting immune systems (e.g. HIV)
  - C. Immunomodulating Drugs (e.g. Steroids)
- 2. TOO STRONG IMMUNE RESPONSE** Can lead to Cellular damage to the other organs Which can further lead to
  - A. ACUTE RESPIRATORY DISTRESS SYNDROME

## B. SYSTEMIC INFLAMMATORY RESPONSE SYNDROME

### 3. SEVERE CASES OF COVID CAUSE BY

Sudden and massive release of CYTOKINES:

"CYTOKINE STORM"

Which leads to Tissue inflammation and organ damage

## CLINICAL FEATURES OF COVID SYNDROME

### \*Cardiopulmonary Issues\*

1. Shortness of breath
2. cough
3. Chest Pain
4. Myocardial Inflammation
5. Heart Palpitation

### \*Neurological issues\*

1. Headache
2. Sensory loss
  - Vision
  - Hearing
  - Taste
  - Smell
  - Numbness
3. Mobility challenges
4. Tremors
5. Cognitiv impairments
6. Lightheadedness

### \*Neuropsychiatric symptoms\*

Anxiety  
 Depression  
 Confusion  
 Insomnia  
 Poor concentration

## BIO-MARKERS TO DETECT COVID ILLNESSES

### Associated With Severe or Critical Illness

- ↓ Lymphocytes
- ↑ Neutrophils
- ↑ Alanine aminotransferase level
- ↑ Aspartate aminotransferase level
- ↑ Lactate dehydrogenase level
- ↑ PCT level
- ↑ CRP level
- ↑ Ferritin level
- ↑ Serum levels of proinflammatory cytokines and chemokines

### Evidence of immune dysregulation:

- Higher plasma levels of proinflammatory cytokines (TNF $\alpha$ , IL-1, IL-6) and chemokines (IL-8) in severe and critically ill patients versus less severely ill patients

### Associated With Mortality

- ↑ D-dimers
- Lymphopenia

1. **CBC** ~ In Covid disease lymphocytes decreases and Neutrophils increases.

2. **CRP** ~ It is an acute phase protein of hepatic origin that increases following interleukin-6 Secretions by macrophages and T cells.

3. **S. ferritin** ~ A ferritin test measures the amount of ferritin in the blood. Ferritin is a blood protein that contains iron.

4. **LDH** ~ The lactate Dehydrogenase test looks for signs of damage to the body's tissue. it is found in every Cells of the body. The enzymes turn sugar into energy.

5. **D-dimer** ~ It is used to find blood clotting disorders such as DVT.

### 6. Antigen test

7. **RT-PCR** ~ Reverse Transcriptase polymerase chain reaction is a laboratory technique combining amplification of specific DNA targets using polymerase chain reaction.

It is primarily Used to measure the amount of A specific RNA.

## HOMOEOPATHIC MANAGEMENT FOR COVID ILLNESSES

### 1. PSORINUM

- A. Patient is extreme sensitive to Cold
- B. Debility, independent of any organic disease especially in Weakness after an Acute disease.
- C. There is loss of vital fluid (e.g. Diarrhoea)
- D. Also helpful for the acute illnesses of Covid.
- E. Patient has Despair of Recovery and Hopelessness.
- F. Psorinum is a cold medicine. Useful in cardiac weakness.
- G. Asthma with Dyspnea worse by sitting up and Better by lying down.
- H. cough returns every winter after Suppressed eruption.

### 2. NATRUM ARSENICOSUM

- A. Loss of appetite, Loss of strength
- B. Remedy for nasal catarrh with headache.
- C. Facilitates the termination of cold and Conserves strength and appetite.
- D. Oppression of the Chest around the heart also in the larynx.
- E. Best remedy for the Miner's asthma.

### 3. CHININUM ARSENICUM

- A. The symptoms of General weariness and prostration. It is used as a general tonic.
- B. circulatory Weakness.
- C. Asthmaic attack which recur periodically with Great Prostration.

#### 4. SCUTELLERIA LATERIFOLIA

- A. Great remedy for CARDIAC IRRITABILITY. after influenza.
- B. It is best used as a NERVOUS SEDATIVE.
- C. Nervous weakness after influenza.
- D. Night terror, sleeplessness, Sudden wakefulness and Frightful dreams.
- E. Patient feels sexual weakness, Restlessness as well.
- F. Patient has feels that 'He won't get any better with anxiety and Depression'.

#### 5. LOBELIA SYPHILITICA OR COERULEA

- A. Great oppression in the lower part of the chest as if air could not go deeper.
- B. Pain in chest under the short ribs of left side.
- C. Dry hacking Cough with Breathing difficulties.
- D. Patient is very depressed and unhappy.
- E. Can't concentrate on things because of Poor Concentration and Brain fag.

#### 6. PIX LIQUIDA

- A. Very Best Remedy for covid Respiratory Complaints.
- B. Bronchial irritation after influenza along with cough.
- C. Rales through the lungs and muco-purulent sputum.
- D. Remedy for offensive odour and taste as well as chronic bronchitis.

#### 7. CARBOLICUM ACIDUM

- A. Alteration of Smell and taste.
- B. There is increased olfactory Sensibility.
- C. It is Powerful irritant and anesthetic.
- D. Patient feels general weakness and fatigue.

#### 8. NATRUM SULPHURICUM

- A. When we find a patient's left lung lower lobe is involved in which Natrum sulph acts Tremendously.
- B. Every Fresh Cold thing brings on an attack of Asthma.
- C. Dyspnea during dark weather. Must hold the chest when coughing. There is Thick, yellow, Greenish Expectorations. Constant desire to take deep breaths.

#### 9. GRINDELIA ROBUSTA

- A. Tough, Tenacious Expectorations.
- B. Stop breathing on falling Asleep.
- C. It acts on Pulmonary circulation.
- D. Patient feels hypotensive.
- E. Bronchorrhoea with Tough, Whitish mucous Expectorations.

#### 10. RUMEX CRISPUS

- A. There is Diminishes the Secretion of Mucous membrane.

- B. Cough caused by an incessant tickling in the throat pit.
- C. Patients worsen from the least cold air.
- D. Cough ceases by covering the entire body and head with bed clothes.

#### 11. BROMIUM

- A. Asthmatic complaints along with Breathing difficulty in getting air into the lungs.
- B. Better at sea.
- C. Whooping cough with Hoarseness and Burning Pain.
- D. Cold sensation when inspiring.
- E. Every Inspiration provokes cough.

#### 12. SENEGA

- A. In cold with stitches, sensation of tightness and much mucus is in the chest.
- B. hoarseness; sore throat that hurts the patient when talking. Cough ends with sneezing.
- C. Chest oppressed on ascending with Bronchial catarrh. Difficulty in raising tough, profuse mucus in the aged. Voice unsteady, Vocal cord partially paralysed.

#### COVID CASE:

**Personal Details:** 56 Year male Patient Comes With c/o

Severe weakness in the body.

Tightness in the chest

Breathlessness

Severe Body-ache

Nausea and Vomiting

Gastro-oesophageal reflux disease

Persistent cough along with Frequent respiratory Condition Since 2 Days.

#### CONDITION IS AS FOLLOWS:

1. Patient Developed severe weakness of upper Limb
2. Numbness and tingling sensation in lower limb.
3. Persistent coughing and upper Respiratory tract Infection
4. Headache; aggravated by Noise and sleep.
5. Dry Coughing especially aggravated in the Morning.
6. Nauseat Sensation aggravated by eating accompanied by Vomiting.
7. Fullness of the abdomen; sensation-Bloated abdomen.

#### PHYSICAL GENERALS:

Appetite 2-3 times/day

Thirst: 1-2 Lit/day

Desire: sour, Spicy

Thermal Reaction: Chilly Patient

Stool- once a day, Satisfactory  
 Urine-6-7 Times/day,1-2/Night

**FAMILY HISTORY:**

\* Patient has large Family, 3 elder Brothers and 2 sisters  
 2 elder Brother has Thyroid Problems and parents died of Old age.

**MENTAL DATA:**

- \* Patient is very Restless and Workaholic.
- \* He Doesn't Like company of people; Always worry a lot about family Members.
- \* Anger marked but not Present or Suppressed anger.
- \* All Time wants to work with ethics.
- \* In his Life Money Doesn't Matter but Relationship Does.
- \* Anxiety about Children's and Family Members Because of Recent Pandemic.
- \* Patient thinks that "if I am died due to covid illness then what will be the future of my family and

**Children**

\*Patient is very Positive perspective towards life and all that kind of stuff but because of recent pandemic, He is scared and anxious all the time and affect his mental status.  
 \* He is very Nervous, Anxious and Restless; Sometimes he has doubt on his own treatment.

**INFORMATION FROM WIFE:**

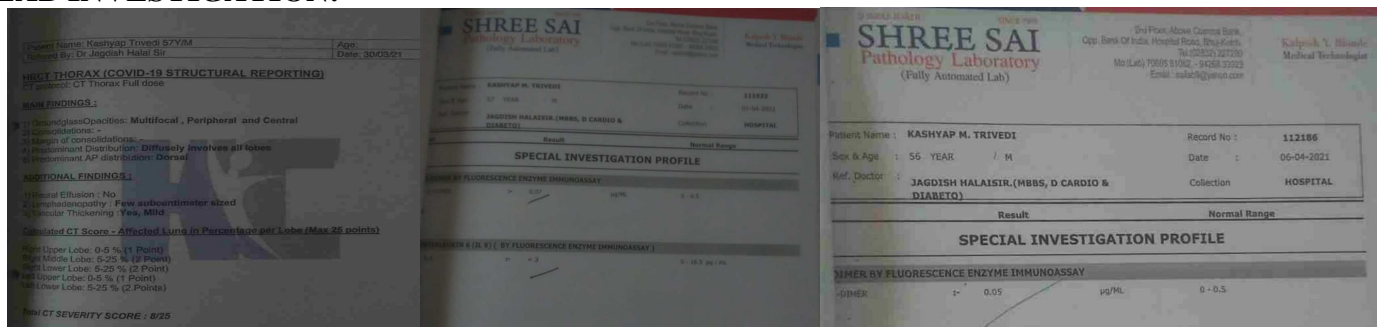
He is very Workaholic and thinks about future.  
 He has Become very irritable, Anxious and Nervous due to recent pandemic.

**REPERTORIAL TOTALITY: SYNTHESIS REPERTORY**

1. Mind -Anxiety -Future About
2. Mind- Industrious
3. Mind – Suspicious
4. Head- pain- noise -agg.
5. face- Swelling-edematous
6. Stomach – Eating – after -agg.
7. Stomach – Vomiting- Accompanied-cough
8. Extremities-Weakness-upper Limb
9. Generals – Fever - Before

<b>1 MIND - ANXIETY - future, about</b>	<input checked="" type="checkbox"/>	<b>EXTREMITIES</b>
<b>2 MIND - INDUSTRIOUS</b>	<input checked="" type="checkbox"/>	<b>8 EXTREMITIES - WEAKNESS - Upper limbs</b>
<b>3 MIND - SUSPICIOUS</b>	<input checked="" type="checkbox"/>	<b>GENERALS</b>
<b>HEAD</b>		<b>9 GENERALS - FEVER - before</b>
<b>4 HEAD - PAIN - noise - agg.</b>	<input checked="" type="checkbox"/>	Remedies    ΣSym    ΣDeg    Symptoms
<b>FACE</b>		ars.            9        19        1, 2, 3, 4, 5, 6, 7, 8, 9
<b>5 FACE - SWELLING - edematous</b>	<input checked="" type="checkbox"/>	bry.            9        19        1, 2, 3, 4, 5, 6, 7, 8, 9
<b>STOMACH</b>		calc.          9        19        1, 2, 3, 4, 5, 6, 7, 8, 9
<b>6 STOMACH - EATING - after - agg.</b>	<input checked="" type="checkbox"/>	lach.          9        18        1, 2, 3, 4, 5, 6, 7, 8, 9
<b>7 STOMACH - VOMITING - accom cough</b>	<input checked="" type="checkbox"/>	chin.          9        17        1, 2, 3, 4, 5, 6, 7, 8, 9
		phos.          9        17        1, 2, 3, 4, 5, 6, 7, 8, 9

**LAB INVESTIGATION:**



**Prescription:**

Lachesis 200 single dose  
 SL 4 Globules BD for 15 days.

**Follow up:**

Date	Description	Treatment
30-4-2021	Patient feels better, slight Sleep disturbed	Lachesis 200 single dose stat
2-4-2021	Slight Weakness in the body present, sometimes nausea also occur	Lachesis 200 single dose stat
4-4-2021	Coughing present along with slight sleep disturbance.	Lachesis 200 single dose stat
6-4-2021	No any fresh complain. Better in Respiratory and GI condition.	SL 4 Globules BD
15-4-2021	No any Fresh Complain at Present, Patient feels better.	SL 4 Globules BD

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