

Effectiveness of Homoeopathic Medicines in Cases of Conjunctivitis

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ABSTRACT

Conjunctivitis (Acute/Chronic) is a very commonly occurring condition with immense social impact. Homoeopathy has good scope in treatment of Conjunctivitis (Acute/Chronic) as our prescription is based on Totality of symptom. If we can elicit this Totality (Acute/Chronic) and prescribe according to that we can provide betterment to the society. Homoeopathy has effect in both aspect Acute and Chronic. And our medicines can provide better improvement in expected time period.

KEYWORDS: *Conjunctivitis, Homoeopathy, Acute & Chronic*

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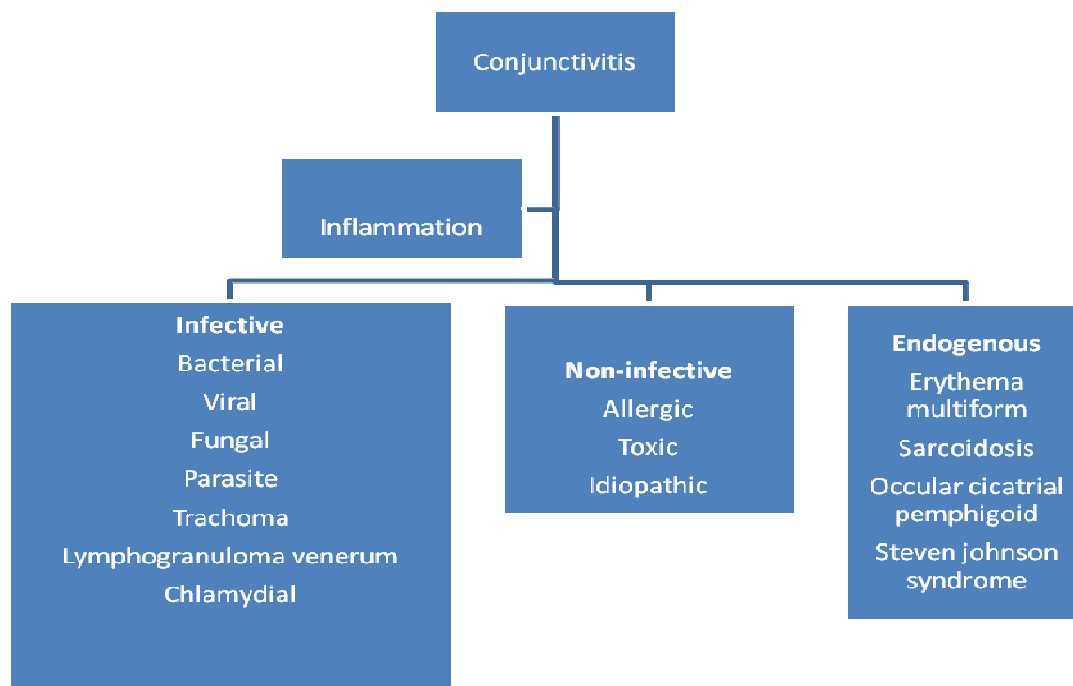


INTRODUCTION

It usually occurs in every age group. It can be seen as an epidemic because of its highly infectious nature & improper hygiene mostly in children. The prevalence of conjunctivitis is not measurable as it mostly occurs acutely at any time. In some cases which have been left improperly treated with tendency to this, it results in chronic condition.

➤ Classification of Conjunctivitis

1. Based on onset
 - Acute- resolving within 4 weeks
 - Sub-acute & Chronic- of more than 4 weeks duration
2. Based on type of exudates
 - Serous – Viral, Allergic, Toxic
 - Catarrhal- Allergic
 - Purulent- Bacterial
3. Based on conjunctival response
 - Mucopurulent- Bacterial, chlamydial
 - Membranous- Bacterial
 - Psuedomembraneous- Bacterial
4. Based on aetiology
 - Follicular- Viral, chlamydial
 - Papillary- Allergic
 - Granulomatous- Fungal, Tuberculosis, syphilis, Sarcoidosis, Tularamia, Actinimycosis, Sporotrichosis, Parasitic, Myiasis, Foreign body
5. Based on aetiology
 - Infectious- Bacterial, Viral, Chlamydial, Fungal, Parasitic
 - Non-infectious- Allergic, Toxic, Foreign body, Endogenous, Factitious or Self inflicted, Idiopathic



MATERIAL AND METHODOLOGY

A. MATERIALS

1. Source Of Data: The study was under taken at Ahmedabad Homoeopathic Medical College, Ahmedabad
2. No. Of Cases: Total 30 cases.
3. Duration of Study: 1 yr.

B. METHOD OF COLLECTION OF DATA:

➤ **CASE SELECTION:** - 30 cases of Conjunctivitis were selected on the basis of inclusion & exclusion criteria by random sampling method.

➤ **INCLUSION CRITERIA :-**

- Both sexes and all age groups were considered.
- All socio-economical classes were taken for study.
- Patients, not falling under exclusion criteria were included in the study.

➤ **EXCLUSION CRITERIA:-**

- Accidental cases.
- Cases needing surgical intervention were excluded.
- Emergency cases.
- Unconscious patients.

OBSERVATION

Figure 1: Distribution of cases according to Age & Sex

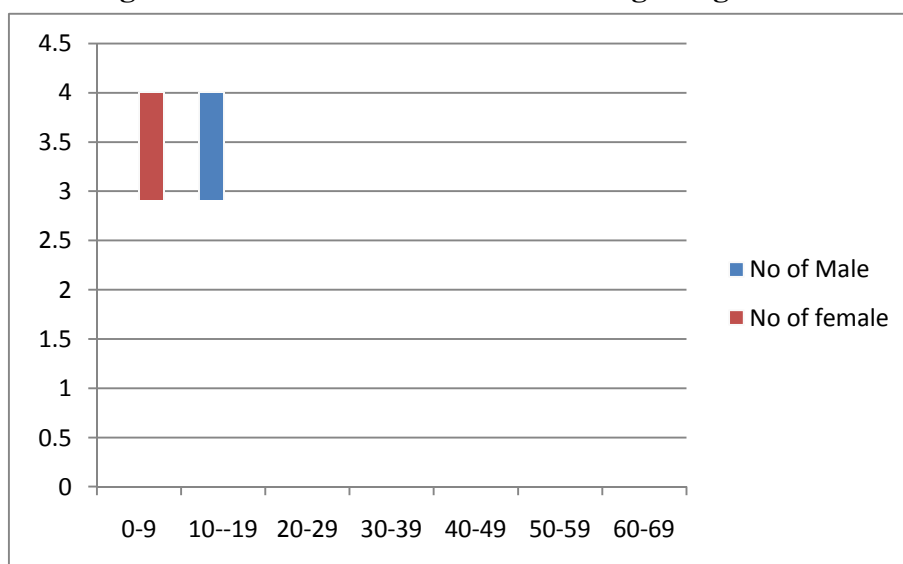


Figure 2: Distribution of cases according to Clinical presentation

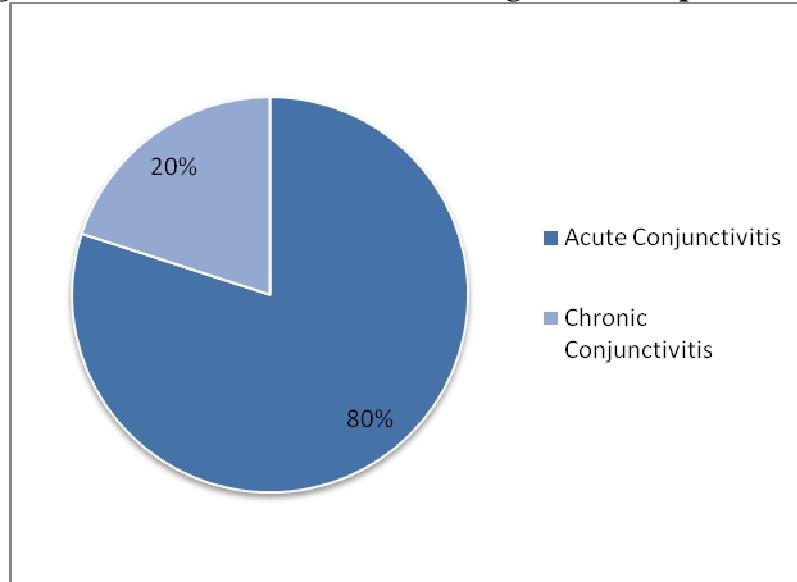


Figure no 3: Distribution of cases according to type of conjunctivitis

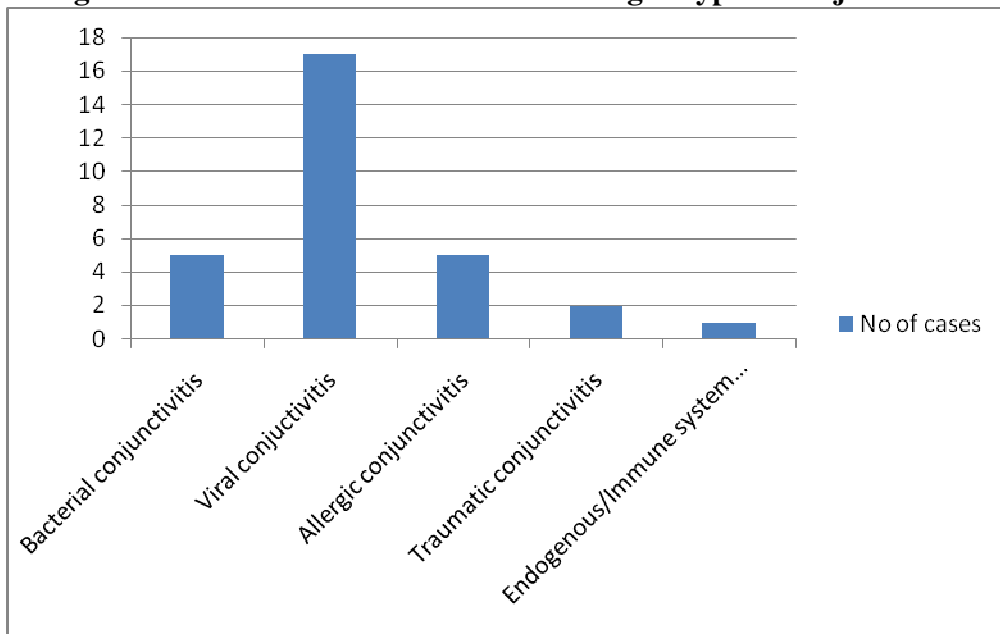


Figure no 4: Distribution of cases in percentage according to type of Conjunctivitis.

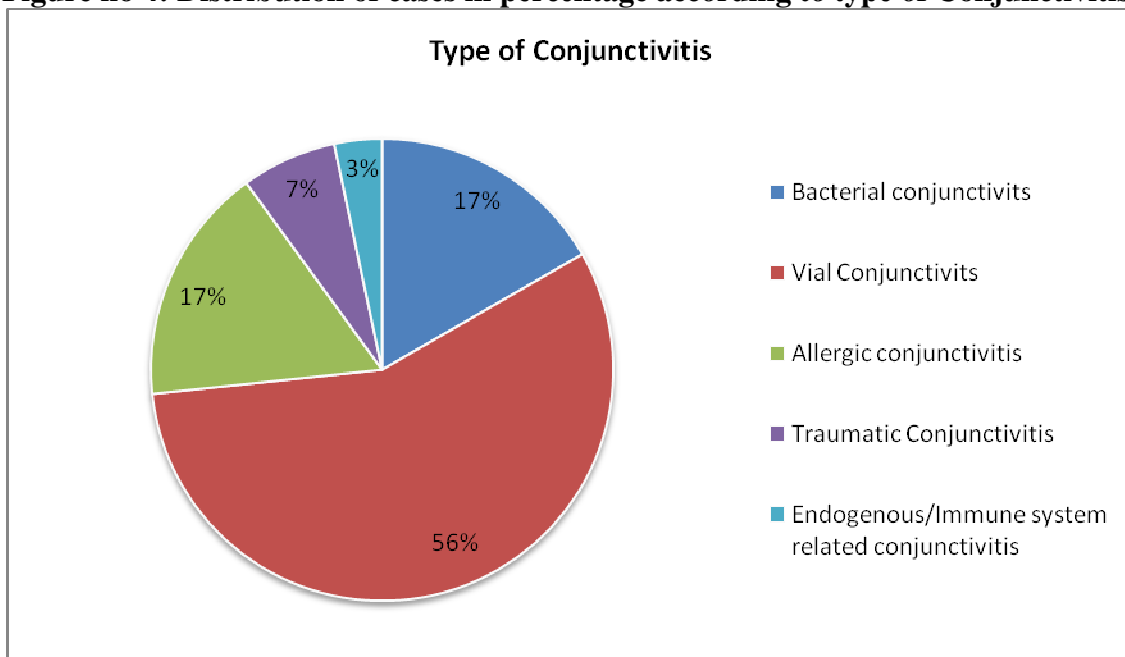


Figure no 5: Number of cases treated by various medicines

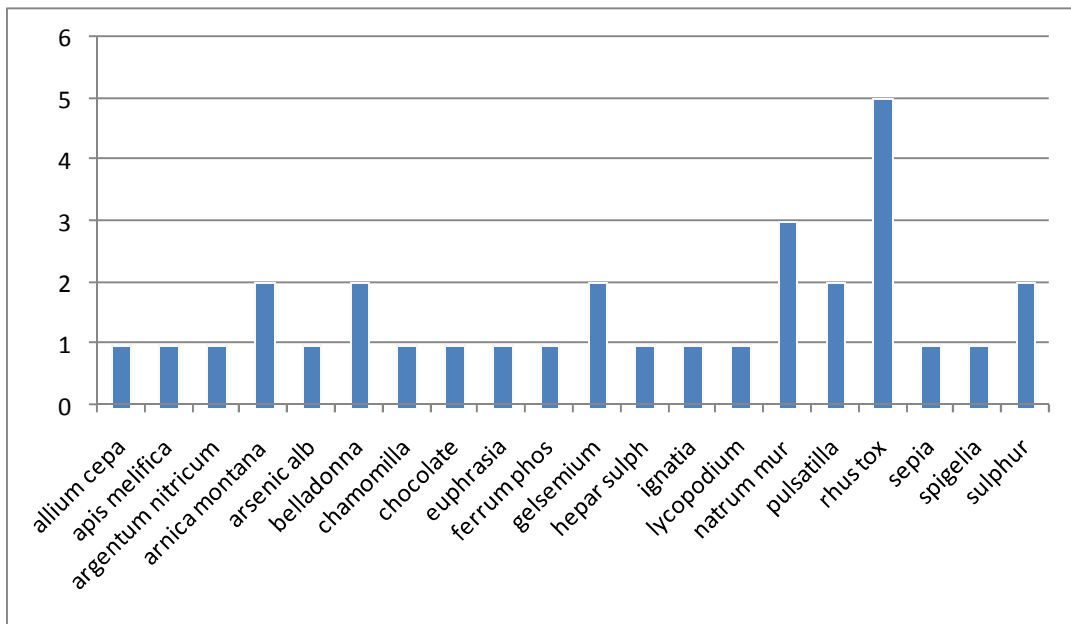


Figure no 6: Improvement in cases according to Effectiveness of medicines

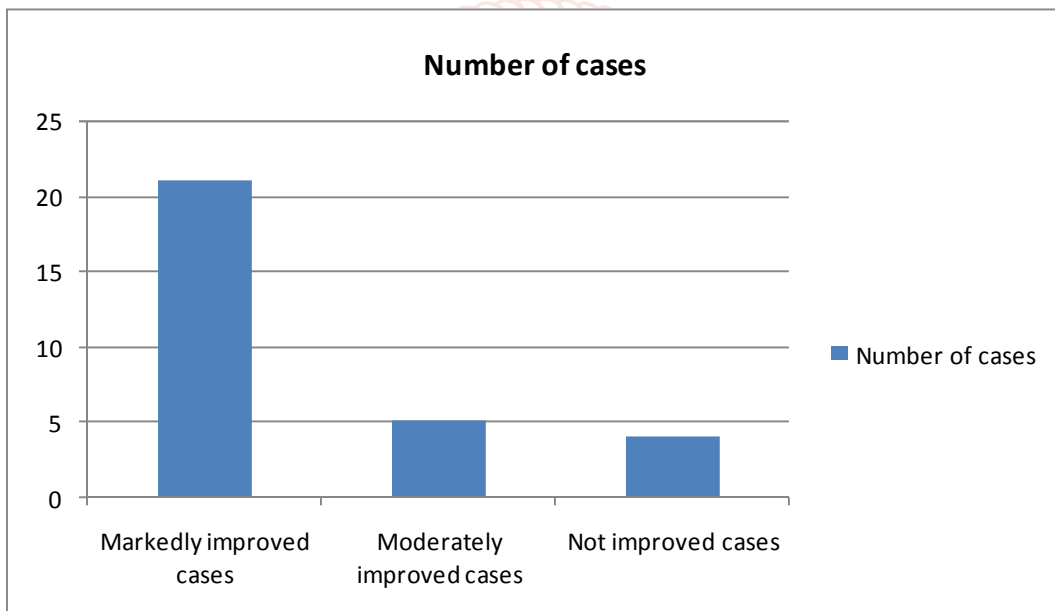
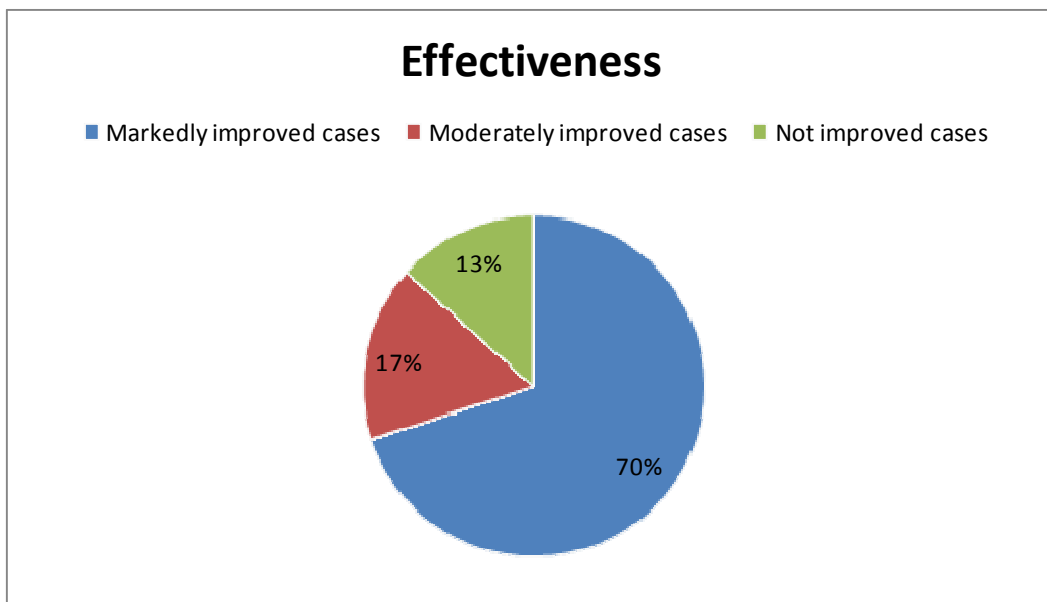


Figure no 7: Effectiveness of Homoeopathic medicines in Conjunctivitis



RESULT & CONCLUSION

➤ The prevalence of Conjunctivitis is slightly higher in male. Majority of patients belong to 0-20 years & 40-60 years. Acute conjunctivitis is found to occur more than chronic conjunctivitis. Viral conjunctivitis is the most commonly occurring condition during change of weather; among all the types of conjunctivitis. Medicine selected on the basis of totality of symptoms was found to bring Effective result in cases of conjunctivitis. Rhus tox, Natrum Muriaticum, Gelsemium, Pulsatilla, & Sulphur were found more effective in the cases of both Acute as well as Chronic Conjunctivitis. Majority of the patients 21 (70%) shown marked improvement. Homoeopathic Medicines are Effective in the treatment of conjunctivitis Acute as well as Chronic.

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