

Utility of Murphy's Repertory in Management of Cases of Haemorrhoids

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ABSTRACT

Haemorrhoids or piles are one of the most common anorectal disease that have been nagging the mankind from ancient times. Haemorrhoids are rarely serious, but it can be extremely troublesome. Women are more commonly affected than male. However; haemorrhoids can be managed with Homoeopathic Medical Repertory by Dr. Robin Murphy. This study was conducted to evaluate the efficiency of homoeopathy in the treatment of haemorrhoids with utility of Murphy's repertory.

KEYWORDS: *Haemorrhoids, Murphy's Repertory (3rd revised edition)*

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INTRODUCTION

“The only way to keep your health is to eat what you don't want, drink what you don't like, and do what you'd rather not”

- Mark Twain

Throughout our history, diseases have haunted humanity. Many were most likely the same as we see today, but most of them were poorly understood and their names are often hard to interpret. But haemorrhoids are one of the best described diseases in medical history.

Every general practitioner sees a large number of patients who suffer from problems associated with “Insufficiency”. Two of the most common manifestations of venous insufficiency are varicose veins and haemorrhoids. Haemorrhoids are also known as piles.

Haemorrhoids are one of the most common conditions to affect humans, have been mentioned many centuries ago. The first descriptions of problems associated with haemorrhoids are found in the Bible,

and the occupation of proctology apparently was established then as well. The word “Haemorrhoid” is an old one. The origin of the word comes from the greek ‘Haima’ or blood and ‘Rhoos’ or flowing. It was probably first used as a medical description by Hippocrates in 460 BC. The term ‘Piles’, derived from the latin Pila or ball, was widely used as early as 1370 A.D.²²

Haemorrhoids, or piles, are one of mankind's most common and nagging disorders. By themselves, haemorrhoids are rarely serious, but they can be extremely troublesome. In some instances, they may mask a more serious disorder, such as colon or rectal cancer. Therefore, haemorrhoids require the proper diagnosis and treatment by a physician.

Haemorrhoids are enlarge and swollen blood vessels. This type of disease has common occurrence in society. Most of the people feel embarrassed to talk about it.

There are vascular structures in the anal canal that help in the stool control. They become pathological when they get swollen or inflamed.

Haemorrhoids are dilated (enlarged) veins which occur in and around the anus and rectum. They may be external (outside the anus) or internal and slip to the outside. In both of these instances, the haemorrhoids can be felt and seen as lumps or knots. Haemorrhoids also may remain inside the rectum and so cannot be felt or seen. These are called internal haemorrhoids.

Haemorrhoidal disease is the most frequent observed anal pathology; 50% - 85% of all individuals complaints of haemorrhoids at least once in their lives. They are among the most common condition that we treat, affecting about half of all adults at some time in their lives. Fifty percent of all patients attending a proctological clinic present more or less severe symptoms due to haemorrhoids.²⁴

Haemorrhoids are very common in both men and women. About half of the populations have haemorrhoids by age 50. They are also common among pregnant women. The pressure of the fetus in the abdomen, as well as hormonal changes, causes the haemorrhoidal vessels to enlarge. These vessels are also placed under severe pressure during childbirth.

Haemorrhoids have become a very common problem of modern era because of irregular life style, consumption of unhealthy food and lack of physical exercise. It's ratio have increased in the last few years, understand the disease, its impact and controlling is need of hours. Timely administered homoeopathic medicines take care of acute and chronic haemorrhoids gently, effectively and without producing any side effects.

RESULTS

Here, Result of Study of 30 cases of Haemorrhoids presented in tables.

1. Distribution of cases according to causation:

No.	Symptoms	No. of Patients	Percentage
1	Constipation	27	90 %
2	After pregnancy	12	66.66 %
3	After spicy food	24	80 %
4	After mental and emotional disturbances	6	20

2. Distribution of cases according to types:

No.	Types	No of Patients	Percentage
1	Blind	9	30 %
2	Bleeding	21	70

3. Distribution of cases according to sensitivity:

No.	Type	No of Patients	Percentage
1	Painful	27	90
2	Sensitive to touch	12	40

Though the utility of each repertory depends on familiarity with the plan and constructions of the repertory but "Homoeopathic Medical Repertory" - by Dr. Robin Murphy meets the demand and constant need of Homoeopathic practitioner.

In spite of great utility of Homoeopathic medicines in management of haemorrhoids, proper clinical work and Homoeopathic therapeutic needs to be elaborated which can help in clinical practice. Therefore, a need was felt for working manually to ease the task to find out the similimum by rearranging facts.

Hence, here attempt is made to increase utility of "Homoeopathic Medical Repertory" in the management of haemorrhoids.

MATERIAL & METHODS

A clinical study during 1 year on thirty cases with Haemorrhoids was taken for the study from the OPD, IPD and peripheral OPD of Ahmedabad Homoeopathic Medical College, Sainath Hospital. The study cases were selected randomly as per the inclusion criteria and diagnosis was mainly based on the clinical presentation. Improvement criteria were based on the symptomatic relief according to follow up.

1. INCLUSION CRITERIA:

- Patients of both sexes and age group between 20 to 60 years are considered.
- All socio-economical classes are considered.

2. EXCLUSION CRITERIA:

- Complicated cases with advanced & irreversible pathological conditions.
- Cases with irregular follow - up.

4. Result of the treatment:

No.	Result	Cases	Percentage
1	Improved	18	60 %
2	Moderate improvement	9	30 %
3	Not Improved	3	10 %

CONCLUSION

- The predisposing factors and causes for haemorrhoids were chronic constipation, frequent intake of junk food, bakery items, sedentary life and lack of physical exertion.
- Haemorrhoids are also common among pregnant women. The pressure of the fetus in the abdomen, as well as hormonal changes, causes the haemorrhoidal vessels to enlarge. These vessels are also placed under severe pressure during childbirth.
- Medicines Aesculus, Aloe, Nux.Vomica, Sepia, Sulphur, Graphites were found to be more indicated in haemorrhoidal affection after chronic constipation.
- Medicines Arsenic.Alb, Muratic.Acid, Nit.Acid, Sulphur and Collinsonia, Ratanhia, Silicea were found to be more indicated in painful and sensitive haemorrhoids.
- Medicines Kali.Carb, Collinsonia, Aesculus, Sepia, Aloe, Ammon.Carb were found to be more indicated in haemorrhoidal affection after over lifting and shifting of weight, during pregnancy and after child birth.
- Medicines Aloe, Aesculus, Causticum, Hamamelis were found to be more indicated in large, protrude, blind haemorrhoids.
- Medicines Hamamelis, Sulphur, Lachesis, Carbo.Veg, Nit.Acid, Muriatic.Acid were found to be more indicated in bleeding haemorrhoids.
- The study established that rubrics of Murphy's repertory are more effective, easy and more comprehensive, compare to other repertory in all aspect.

No.	Rubrics present only in Murphy's Repertory
1	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: BATHING, AGG.: (1) p.no. 1892 1 Sulph,
2	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: BLEEDING, AS SOON AS THE RHEUMATISM IS BETTER: AMEL.: (1) p.no. 1892 1 Aesc,
3	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: CONFINEMENT, AFTER: (3) p.no. 1892 1 Aloe, 1 Apis, 1 Sep,
4	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: DEBILITY, WITH: (5) p.no. 1893 1 Ars, 1 Chin, 1 Ham, 1 Hydr, 1 Mur-ac,
5	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: GLASS, LIKE BROKEN IN: (1) p.no. 1893 1 Rat,
6	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: HEAT, AGG: (2) p.no. 1893 1 Aesc, 1 Sulph,
7	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: SPASM, OF SPHINCTER, WITH: (2) p.no. 1894 1 Lach, 1 Sil,
8	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: SPLINTER, LIKE: (3) p.no. 1894 1 Aesc, 2 Nit-ac, 1 Rat,
9	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: STICKS, AS IF IN: (2) p.no. 1894 1 Aesc, 1 Rat,
10	[MURPHY] [RECTUM]HEMORRHOIDS, GENERAL: WARM, AMEL: HOT WATER, AMEL.: (2) p.no. 1894 2 Ars, 1 Mur-ac,

- Homoeopathy treats the diseased person but not the disease in the person. Hence the selection of medicine is based on the totality of symptom, is definitely going to restore the health of patient. This is the basic concept of homoeopathy since its foundation. The present study shown 60% of cases (18) had improved, 30% of cases (09) had moderate improved and 10% of cases (03) had not improved in total 30 cases.

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