

# Watching a Film

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## ABSTRACT

As a result of combination of moving pictures, today's movie has been created. The main purpose of this is for entertainment. but it brings a lot more than that to people's life especially some advantages and inspiration through the screen. Nowadays, it has become one of the most popular activity to spend time with closer ones. Its benefits outweigh the disadvantages in some way. And most importantly, film itself is not right or wrong but individual's perception has their especial way of sensing.

**KEYWORDS:** *watching film, movie*

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## 1. Film

In Cambridge English dictionary, movie is a film shown in a cinema or on television and often telling a story.

A movie, often known as film, motion picture, or moving picture, is a piece of visual art that uses moving images to replicate experiences such as ideas, tales, perceptions, feelings, beauty, or ambiance. Sound and, less frequently, additional sensory cues are usually present alongside these visuals.

Filmmaking, the filmmaking industry, and the art form that results from them are referred to as cinema, shortened from the term "cinematography."

With a motion picture camera, real scenes are captured as moving images, drawings or miniature models are captured using traditional animation techniques, or the images are generated by CGI and computer animation, or by combining several of these techniques together.

It is considered an important art form, a source of popular entertainment, and a powerful tool for educating, or indoctrinating, citizens. Film is a cultural artifact created by specific cultures. It reflects the cultures it represents, and in turn, affects them. Various films have been translated into other

languages through dubbing or subtitles, giving films a universal means of communication.

Frames are the individual pictures that make up a film. A rotating shutter causes intervals of darkness as each frame is moved into position to be projected in traditional celluloid film projection, but the viewer does not notice the interruptions because of an effect known as persistence of vision, in which the eye retains a visual image for a fraction of a second after its source disappears. The phi phenomenon is a psychological impact that contributes to the feeling of motion.

Films are usually created for the purpose of entertaining. For as long as they have existed, they have entertained us. While watching a movie, people leave behind the stress and hustle and bustle to refresh our minds. Yet, every coin has two sides. Movies influence our lives either in a good or bad way. It should be considered that the pros and cons of movies depend on its viewers.

## 2. Benefits of watching films

As life becomes more hectic, watching movies can relieve stress and let us relax for several hours. Also, with all the people care about spending time with, movies become increasingly relevant for spending

time with loved ones. Some advantages of watching movies are

Analytical thinking is improved because movies have a parallel effect on many people. People sometimes find that people cannot resist watching thrillers, suspense films or mysteries associating themselves with the investigator, detective, or primary investigator to analyze the events. Watching horror movies always makes us want to guess who the killer is and the reason for his or her actions.

The development of a society is influenced by the roles of actors in films. They occupy our brains so that people can perform good deeds for society. When people go to the movies, people hang around with our friends and occasionally socialize with strangers. People are becoming more aware of society in this age than in previous generations.

Education is imparted: Nowadays, people are interested in films that teach excellent morals. Movies not only educate us about life's discipline, but they also show us how to live a happy existence. Many different types of culture, art, dance, history, science, politics, and other topics are displayed, which serve as a learning resource for many pupils. This is evidence of the adage "a picture is worth a thousand words."

Many films are made about social issues that are extremely important to our culture. Films about dowry, caste, honor killings, and socioeconomic divides are frequently used to raise awareness about these issues. When people witness others going through such horrible conditions, even if it is only on film, it awakens a long-forgotten conscience in them. Movies can genuinely assist in the transmission of key information to society.

It is inspirational. One of the most important benefits of movies is that they can inspire people. Biopics and movies about historical figures can give people a glimpse into the simple realities of life. People get to see firsthand how ordinary men and women transform into heroes in times of need, and eventually it inspires people to have a new outlook on life.

To show the world the art and culture of the country: A middle class family cannot afford to travel outside the country. People can only understand and learn about other cultures through movies. With relatively low cost, a movie shows the beauty and culture of different countries.

### 3. Disadvantages of watching films

Concept that is misleading: today's youth are extremely prone to deception. Typically, such patterns and behaviors are depicted in films, leading

to youths engaging in robbery, murder, crime, physical altercations, and the adoption of unhealthy habits such as smoking and drinking.

Profit-driven films: Films are made primarily for the purpose of making money. However, the public finds it alluring since young people lack the capacity to comprehend such intentions.

Incorrect objects: Most individuals become emotionally attracted to a character in a film. Even if they can't afford it, they strive to imitate them. For instance, fighting, swearing, and so on.

### 4. Conclusion

In today's fast-paced society, watching movie gives people the time and place to escape from pressure and sometimes it serves as stress reliever. Moreover, above mentioned benefits such as analytical thinking improvement, educational medium and so forth. Some projects are even using movies to increase global awareness for educational purpose and it has reached broad audience than before and then its result was successful than other methods. However, disadvantages of the movies still discourage people from watching. In some serious cases, it affects people's mental health and even lead to addiction. As all these are generated based on human's own perception and reflection, film itself is not about right and wrong. People just percept this their own especial way.

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