

Homoeopathy and Migraine

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ABSTRACT

Migraine is periodic attack of headache, usually on one side of head. Severe throbbing pain is sometimes accompanied by nausea and vomiting. Some migraine patients have warning symptoms before headache, including visual disturbances, weakness, numbness or dizziness. It affects whole psychosomatic entity. It is type of chronic one sided disease. A patient presented with the complain with migraine with aura visited the hospital OPD. He was treated with Lachesis. Lachesis had given on basis of individualization. This patient is improved with the lachesis 1M. Migraine can be improved with the help of homoeopathy on the basis of individualization.

KEYWORDS: *Migraine, Homoeopathy, Lachesis, Individualization, Mental aspects*

INTRODUCTION:

Migraine is a periodic attack of headache which may be associate with aura or without aura. The person with the migraine recurrently suffers with the severe attack of a headache which hampered their routine life. Migraine attacks are mostly triggered by emotional changes, hormonal changes, sleep pattern changes, any food articles, environmental factors like heat and cold any weather changes, strong smelling substances.

According to organ on of medicine 5th edition aphorism no 172 to 184 migraine is comes under one sided disease where the one part of person is predominantly affected. Homoeopathic treatment is based on individualization which is given in aphorism no 82 and 83. We can have the sign and symptoms of the case and make the totality accordingly.

In other system of medicine there is not any particular treatment for migraine but in homoeopathy we are having better scope for treatment of migraine

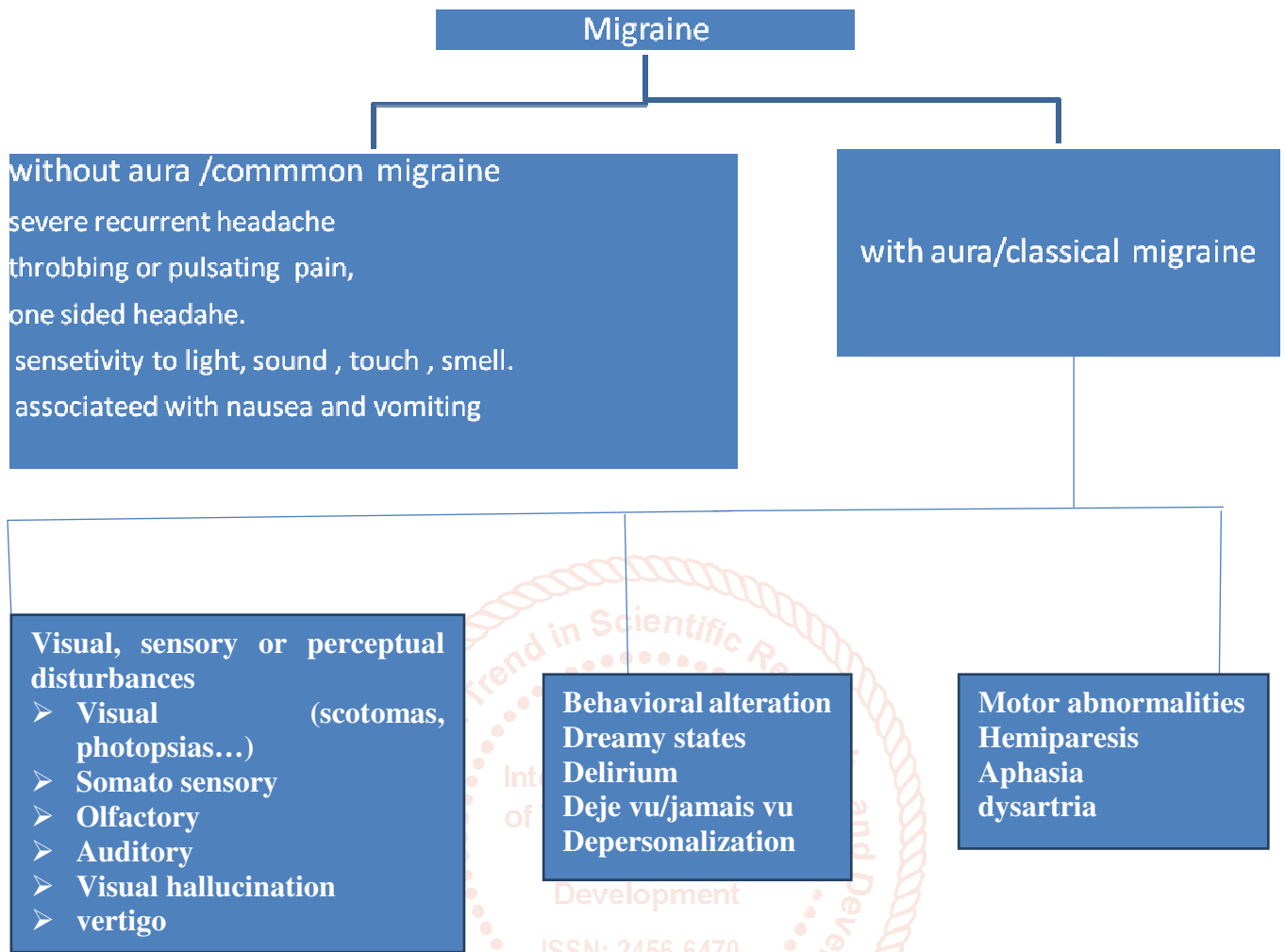
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Classification-



Material and methods-

The case has been taken from Sainath Hospital Attach with Rajkot Homoeopathic medical college. work has been analyzed with individualization. Homeopathic Medical repertory, A modern alphabetic and practical repertory by Robin Murphey a third edition is used for analyzed the case.

Case of presentation-

32 years old man comes with the headache in the clinic. He was suffered withthe headache since 1 to 1.5 years. He took the allopathic treatment for the same without any relief.

In headache he had left sided headache. He is having severe bursting pain. He cannot remember anything during headache. He is having vertigo with headache. Headache is aggravated after waking. And better by working (occupying the mind in anything). He is having darkness in vision before headache.

He is also having pain in back with headache and become irritable with headache. Don't like to do anything with headache. Even don't like to eat with headache.

Life event-

Her wife has cheated him before 2 years. She left him alone and she is having extra marital affair. After that the complaint has been started. He became angry on her. He wants to destroy her and want to take revenge.

He felt guilty for his parents and family because he is not able to working well because of headache

Sleep- waking in between the sleep

Dreams-

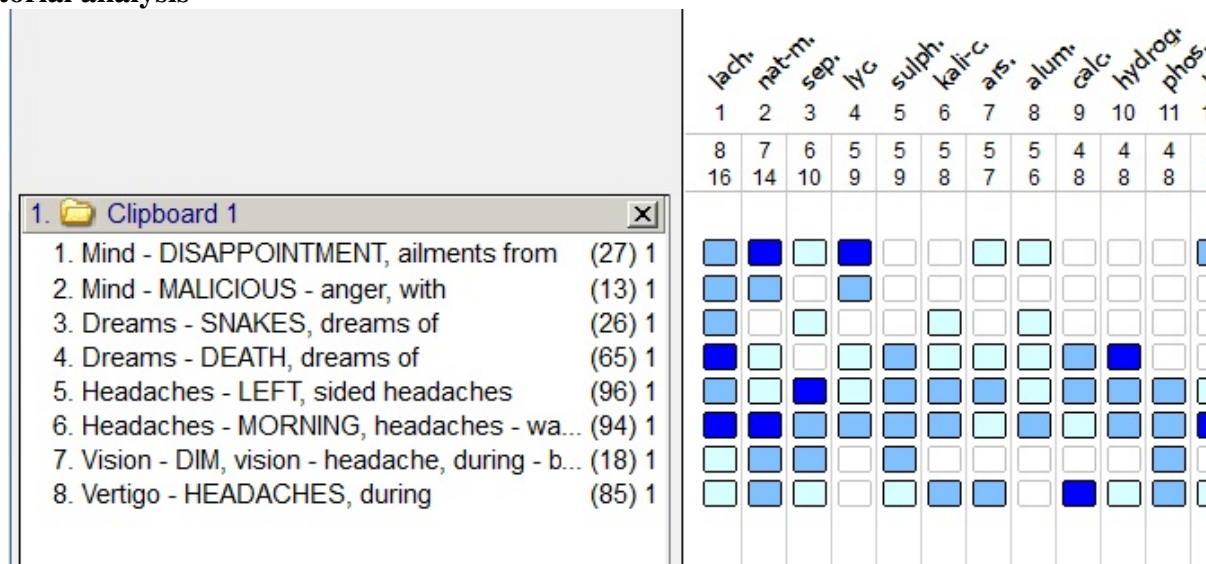
Dreams of snake

Dreams of ancestors who is dead. Dreams of dead friend

Totality-

- Ailment from disappointment in love
- Revengeful
- Dreams of snake
- Dreams of dead people
- Left sided headache
- Headache with vertigo
- Headache aggravated on morning on waking
- Dimness of vision before the headache

Reportorial analysis



Medicine differentiation-

Lachesis, natrum mur and lycopodium come prominently. But revengefulness is prominently find in lachesis. so final selection of medicine is lachesis.

Prescription-

Lachesis 1M (single dose) and placebo for 15 days

Follow up

Number	Follow up	prescription
1.	Headache increase Have to take allopathic medicine once in 15 days Sleep normal Dreams of dead people	Lachesis 1M(SD) Placebo for 15 days
2.	Improved much Intensity of headache is decrease Headache 2 to 3 times in between Sleep normal Desire to work	As above
3.	Headache for 1 times in 15 days No visual disturbances before headache. No vertigo before headache Anger decrease Nature improve No dreams	Lachesis 1M (SD) Placebo for 1 month
4.	Headache once a month Over all 90% improvement Feels better	Placebo for 1 month
5.	Mild headache once a month Feels better	As above

Discussion and conclusion-

Migraine is disorder which affects whole psychosomatic aspect. This case conclude that homeopathic system is having better line of treatment in cases of migraine, if treatment is done on individualization of patient. And single dose and single medicine is effective for treatment of migraine.

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