

Covid-19 Pandemic (A Challenge, A Menace for Nurses)

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ABSTRACT

As we all know COVID-19 is a Pandemic that affects more than 176 million people and 3.8 million deaths. In this Pandemic our Frontline workers i.e. Doctors, Nurses and Other Healthcare Staff also suffer emotionally as well as Physically due to more duty hours and overload of work. This Article includes a survey data that was conducted in US by American Nurses Association, To know about the concern and experiences, facing problems during Pandemic by Nursing Staff. In this Article mainly we are focusing on Nursing staff during pandemic situation and how we can encourage them.

KEYWORDS: COVID- 19, Coronavirus, Pandemic, Nurses, Challenges, Infection, Symptomatic, Asymptomatic, Encourage, Menace

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As we all know, COVID-19 is a pandemic infection that affects all over the world very rapidly. COVID-19 (A Novel Coronavirus) was first identified in 2019 in Wuhan China, but it spreads very fast in all countries worldwide including India. COVID-19 affects so many people in very few time, mostly those who all are infected with COVID-19 develops mild to moderate illness like Fever, Dry cough, Sore throat etc. but most people recover from this infection with or without Hospitalization, then who will care for patients? Obviously our Frontline workers i.e. Our Doctors, our Nurses and other hospital staff, But why our Nurses are most defamed and highlighted about their work negligence in this situation? why they did not get what respect they deserve? They are working very hard in their duties whether it was Morning shift, Evening shift or Night shift but Nurses Always give her best care to save the life of her patient, even they did not get proper equipment for providing care to patients. As a survey was conducted during 20 March to 10 April 2020 by ANA (American Nurses

Association) the survey includes concerns and experiences during the pandemic in United States. According to this survey 74% reported that lack of Adequate PPE (Personal Protective Equipments) and more than 85% expressed fear of going to their workplace. Even though Nurses are facing a lot of problems during pandemic, also their Mental health has been affected by COVID situation. If they suffer too much for us why we are discouraging their work. We should encourage and support our Nurses in this pandemic. So, Let us unite and support the Nursing Profession by encouraging their hard work towards us instead.

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