

# Coronavirus (Covid-19) and other Diseases in Human Respiratory System Cure by Sputum Therapy Self Made Medicine

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## ABSTRACT

Novel coronavirus (Covid-19) is a special type of human attacking virus which damages human respiratory system first, then all other body organs of the patient fail. The characteristics and mutation of the coronavirus (Covid-19) are not remaining same in all times or all places; it is frequently changing its mutation processes under different mutated strains. Therefore, an universal vaccine for coronavirus (Covid-19) disease is very difficult to produce like AIDS vaccine or Cancer vaccine etc. In this paper, treatment with recovery of coronavirus (Covid-19) and other respiratory diseases attacking in human respiratory system is invented by a very simple ingenious method with the sputum boiling mixture of the infected person (patient).

**KEYWORDS:** *Coronavirus (Covid-19), Nucleic acid (DNA or RNA), Proteins, Characteristics, Mutation, Sputum Therapy, Coronavirus (Covid-19) or other respiratory diseases medicine and vaccine*

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## I. INTRODUCTION

Coronavirus (Covid-19) is a special type of virus which drastically attacks human respiratory system. Common coronavirus, which are existing in nature, are not so severe and they can be treated with general medicines or without medicine also. The first outspread of coronavirus (Covid-19) happened in Wuhan city, China in December 2019, where huge numbers of people died due to severe acute respiratory syndrome (SARS), and thereafter it spreads to all over the world by human carriers as the greatest pandemic in 21<sup>st</sup> century [1]-[4]. The peculiar nature of this coronavirus (Covid-19) is that it does not infect pet animals like cat, dog, hare, bird, hen, cattle such as cow, goat, pig etc. For this we cannot take help to prepare coronavirus (Covid-19) disease vaccine and medicine from animals other than human one.

It is found that a virus is having a very small structure with diameter 20 nm – 500 nm (nm means nanometer, i.e., 1 nm = 10<sup>-9</sup> meter) containing nucleic acid (DNA or RNA) and proteins, called nucleoprotein or

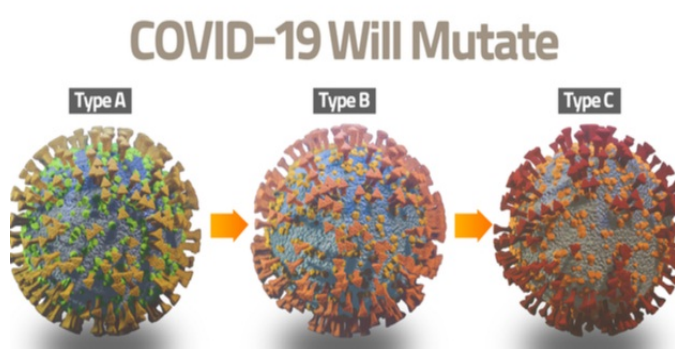
nucleocapsid, which is different from virus to virus. Some viruses have more than one layer of protein surrounding the nucleic acid and other viruses have a lipoprotein (i.e., protein with fat) membrane which is called an envelope. Coronavirus (Covid-19) is having a lipoprotein membrane with pointed stickers which attach like gum in human respiratory tract. Thus its body contains RNA and proteins. Mutation characteristics are more prominent for RNA viruses.

Viruses go inside the animal body living cells, resist function of the cells with replicating rapidly at higher rate, and ultimately bring death to the cells. Also at the time of the death of the animal cell, the living viruses inside the death cells become dead. If the attacking living virus in a patient is not killed (dead or inactive) by vaccine or medicine in time, multi organs failure condition of the patient occurs which causes him/her to face death [1]-[4].

Presently it is observed that coronavirus (Covid-19) is mainly attacking human respiratory organ like alveoli in lungs and malfunctioning the working of lungs,

i.e., exhaust carbon di-oxide ( $\text{CO}_2$ ) from blood and absorption of atmospheric oxygen ( $\text{O}_2$ ) to blood with water evaporation; as a result severe breathing trouble or asthmatic condition with cough and fever like pneumonia appears.

It will continue to the patient till either automatic vaccine (i.e., antibody) of the coronavirus (Covid-19) disease is produced within the human body (patient) by the immune system or supply from outside the coronavirus (Covid-19) vaccine or medicine, which kills or destroys the coronavirus (Covid-19). The various coronavirus (Covid-19) strains are delineated in Figure 1.



**Figure 1: Different coronavirus (Covid-19) strains.**

## II. CORONAVIRUS (COVID-19) AND OTHER DISEASES IN HUMAN RESPIRATORY SYSTEM CURE BY SPUTUM THERAPY

Recently coronavirus (Covid-19) disease is appearing in a more violent way under mutated various strains in human respiratory system. Human respiratory system consists of nasal cavity (nose), oral cavity (mouth), pharynx, larynx, trachea, bronchi, lungs, diaphragm etc. which take part for air passage to transport outside air with oxygen to lungs and carbon di-oxide from lungs to outside air. This simple method can cure coronavirus (Covid-19) and other bad elements (bacteria, virus, parasite, fungus) infected diseases in the human respiratory system [4]-[10]. This is carried out (examined) by below mentioned procedure thoroughly.

Small quantities (25 – 30 gm, i.e., 5-6 teaspoonful) of cough mixed with mucus and saliva (called sputum) from the throat of a coronavirus (Covid-19) infected patient [containing living coronavirus (Covid-19)] are taken and this sputum is mixed with 1 (one) litre drinking water. Then the sputum mixture is boiled in a pressure cooker at high pressure and high temperature for 25 (twenty five) minutes. If pressure cooker is not available, the sputum mixture is boiled in a container keeping close to open end for 25 (twenty five) minutes. All living bad elements

(pathogens) are turned to dead state by continuous boiling for 20 minutes, 5 minutes time require for start boiling.

The boiled sputum mixture is then cooled to normal room temperature without releasing pressure in the cooker, and the particular coronavirus (Covid-19) infected patient (whose sputum is taken) has to drink the whole (entire) mixture in 3 times or 4 times on that day. This boiled sputum mixture containing dead (inactive) bodies of the coronavirus (Covid-19) acts as a medicine for the particular strain coronavirus (Covid-19) disease (patient).

The mixture has to be drunk or injected by the patient on the same day of preparation. In case of injecting the coronavirus (Covid-19) sputum mixture medicine, only very small quantity of 5 to 10 ml has to be injected intramuscularly to the particular coronavirus (Covid-19) patient (whose sputum is boiled) one or two times daily. The living coronavirus (Covid-19) in the sputum are becoming dead or inactive due to boiling for 25 minutes under high pressure and high temperature. The particular coronavirus (Covid-19) patient drinks or introduces (injected) with home self made coronavirus (Covid-19) medicine having highly pure and safe condition.

The next day the same procedure has to be repeated and to prepare a fresh mixture for drinking or injecting by the particular coronavirus (Covid-19) patient. This process has to be continued either for 14 (fourteen) days or recovery of the coronavirus (Covid-19) disease for the particular coronavirus (Covid-19) patient, whichever is earlier.

It is proved that if the more or required amount of the dead (inactive) bad elements is drunk or injected by the infected person (patient) for a specific time, the disease will be recovered completely. Therefore, the produced dead bad elements (pathogens) of a coronavirus (Covid-19) particular strain work as medicine for that coronavirus (Covid-19) strain patient.

The sputum of a person, consisting of living bad elements (bacteria, virus, parasite, fungus) which infects a person and causing disease in the respiratory system such as nose (nasal cavity), mouth (oral cavity), throat, lungs etc., is converted to the dead body of that bad elements (pathogens) after boiling for 25 minutes. Therefore, when this sputum boiling mixture is drunk or injected by the particular person whose sputum is treated, the attacking living bad elements (pathogens) are killed and thrown out from the person, and the person recovers from the particular disease of the respiratory system.

If very small amount (0.5 – 1 gm) of the sputum boiling mixture (containing dead bad elements) from the coronavirus (Covid-19) or other respiratory diseases infected person are introduced (drunk or injected) to a normal [coronavirus (Covid-19) or other respiratory disease free] person, he/she will be vaccinated for that particular strain coronavirus (Covid-19) or other respiratory disease.

Thus the sputum boiled mixture made by this process cures all other diseases infected or attacked in the human respiratory system such as Bronchitis, Influenza, Pneumonia, Asthma, Tuberculosis and Cancer etc. Therefore, this method can be called as **“Sputum Therapy”**.

Hence, this process identifies a unique method for recovering all types of diseases oriented in the human respiratory system. Moreover, this method can be applied to cure human and animals from infected by living bad elements (pathogens) causing diseases, in which the living bad elements are available (exist) in their sputum or urine or both. In case of living bad elements (pathogens) existing in urine only, the urine of the person or animal is taken in place of the sputum, and the same procedure is adopted. Therefore, it invents a **Eureka (Miracle)** in medicine and vaccine field.

### III. CLINICAL TEST REPORT FOR SPUTUM THERAPY SELF MADE MEDICINE

Since the inventor of this **“Sputum Therapy”** (author of this paper) cannot avail or undergo real life testing to outside patients infected by the living bad elements or pathogens till date, he has examined (tested) the invented process on himself only.

#### Clinical Test for Influenza Virus Infected Disease by Sputum Therapy

I, Dr. Pijush Kanti Bhattacharjee (author), became infected by influenza virus on 04-12-2020. Generally in the cold season I am prone to be infected by influenza virus frequently. Slight fever with running nose cough appeared in my body. I applied sputum therapy as described in this paper. My five teaspoonful sputum mixing with 1 litre drinking water was boiled in a pressure cooker for 25 minutes and then I drank entire sputum mixture at room temperature 4 times on 05-12-2020. I became cure from influenza disease on the same day 05-12-2020. Thereafter, the influenza disease has not appeared or attacked to me till date (09-07-2021).

#### Clinical Test for Coronavirus (Covid-19) Disease by Sputum Therapy

I, Dr. Pijush Kanti Bhattacharjee (author), was infected by coronavirus (Covid-19) disease on 15-05-2021. First, I went to an allopathic doctor on 15-05-2021. He prescribed some strong medicines, my oxygen level in blood reached to 50 - 60 and my body temperature was running 102 – 102.5 °F continuously. The doctor told me that it was very dangerous time for you. I was totally dependent on his medicines, but there was no tendency to be better (improvement). Everyday my condition was going worse from previous day.

On 5th day night (19-05-2021), my condition became extremely serious, continuously coughed, breathing trouble, high temperature etc. I understood that death has come to my door, last 3 days I could not sleep at night also due to continuously coughed, respiration trouble and high fever. Then I decided that I have to apply my drinking of sputum boiling invention as last resort.

I kept my six teaspoonful cough (sputum) on 5th day night, on 6th day early morning (20-05-2021) I boiled that cough (sputum) mixing with 1 litre drinking water in a pressure cooker for 25 minutes; after cooling the mixture, I drank that whole sputum mixture 3 times on 6th day. At evening on 6th day my fever became remission (vanished), at night my cough came out almost half intensity, and I slept at that night (6th day). I understood that drinking of my sputum boiling worked magnificently and I was out of danger. Thereafter, I appeared before the doctor with pathological reports. The doctor was astonished to check my condition; He said to me that the coronavirus (Covid-19) disease infected to you was recovered fully. Thereafter, I have no health problem till date (09-07-2021).

### IV. CONCLUSION

In the above method for recovery from coronavirus (Covid-19) and other bad elements (pathogens) infected diseases in the human respiratory system, first of all living coronavirus (Covid-19) or other bad elements is killed or thrown out by the coronavirus (Covid-19) or other bad elements medicine which is prepared by boiling the sputum of the patient. Therefore, the coronavirus (Covid-19) or other bad elements medicine is drunk or injected by the particular coronavirus (Covid-19) or other respiratory diseases infected patient whose sputum is treated. Every day the fresh mixture, by boiling of the sputum for 25 minutes, has to be prepared during treatment period; because if the coronavirus (Covid-19) or other bad elements changes its strains, the coronavirus (Covid-19) or other bad elements medicine is



produced to be effective for new coronavirus (Covid-19) or other bad elements strains which are existing in the particular patient. So, it is an ingenious product of the coronavirus (Covid-19) or other bad elements (pathogens) medicine and vaccine for treatment of human respiratory diseases in a very simple and safe procedure having very low cost, i.e., almost nil expenditure.

This coronavirus (Covid-19) or other bad elements medicine has no side effect or reaction at all, since the patient infected by the coronavirus (Covid-19) or other bad elements (pathogens) in the respiratory system is drinking or injected his/her own sputum after boiling specific time duration 25 minutes.

Therefore, it is highly reliable and steady workable medicine as well as vaccine for treatment and recovery from different types of mutated coronavirus (Covid-19) strains or other bad elements (pathogens) infected in the human respiratory system.

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