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Form Mind and Thinking through Music

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ABSTRACT

In this article, the formation of national consciousness and thinking in the hearts of every young person growing up is the goal of today, the national ideology - a system of ideas and views justifying the existence and development of a particular nation as an ethno-social unit, national values, people There is information about the role of folk songs, folk festivals, as well as folk songs, sayings and yallas.

KEYWORDS: national ideology, mentality, national culture, national moral customs and traditions, music, national songs, customs and traditions

INTRODUCTION

The problem of spiritual, intellectual and creative development of the modern student's personality as a socio-pedagogical and priority issue of creativity, creative abilities, intellect, intellectual activity, creativity, intellectual creativity, abilities, intellectual-creative abilities, creative learns concepts such as imagination, intellectual-creative process, activity.

Research methodology

The President of the Republic of Uzbekistan Sh.M.Mirziyoyev calls on students to work and think in a new way in accordance with modern requirements, to constantly study, research, initiative and entrepreneurship in the development of consciousness and thinking. At the same time, to teach young people the proper use of information and communication technologies and the Internet, to improve the system and content of education, to bring it closer to real life, as well as intellectual and creative development of young people; social and communicative skills need to be developed.

The idea has been at the forefront of a number of presidential decrees and decrees in recent years. The spiritual maturity, intellectual and creative activity of students is of great socio-pedagogical importance, which is a factor in the development and improvement of the basic qualities and abilities of a harmoniously developed generation.

Analysis and results

Music takes a person into a world of strange melodies and tones, softens the senses, teaches to love beauty.

The reforms being carried out in our country are of great importance due to their deep social basis. For example, the younger generation has long been taught by our ancestors to express their identity and respect national values and traditions. That is why our first President IA Karimov said, It is known that self-awareness, the expression of national consciousness and thinking, the spiritual connection between generations, is expressed through language or music. All the virtues are absorbed into the human heart, first of all, by the unique charm of the mother goddess, the mother tongue. It is very important and necessary to inculcate national songs in the human psyche, in the minds and hearts of the younger generation". That is why today the development of national consciousness and thinking among young people has risen to the level of public policy. National songs and values are also important.

In this regard, we believe that in the process of education, it is important to pay attention to the following in the inculcation of national songs, customs and traditions in the minds of young people through such disciplines as the national idea, music, literature. These are:

- The concept of a free and prosperous homeland;
- free and prosperous life;
- national development;
- social partnership;
- **Uinterethnic harmony, friendship, brotherhood;**
- The integration of ideas such as inter-religious tolerance is desirable if it is carried out in a unique
 way, ie on the basis of modern pedagogical
- technologies.

In order to do this fully, it is important that the teacher himself is armed with the concepts involved. These are:

National ideology - is a system of ideas and views that justifies the existence and development of a nation as an ethno-social unit. The role and place of national values, folk dances, folk festivals, as well as folk songs, sayings and yallas are of special importance.

Therefore, in the words of our first president, The national idea is deeply rooted in the hearts of every person and all the people living in this country, passed down from ancestors to generations, and has become a spiritual need and a requirement of life. In other words, if we imagine the most important aspirations and hopes of any nation, I think we are expressing the essence of such a broad concept "[1.71] - describes the national idea with his own opinion. This means that the goal of today is to instill national consciousness and thinking in the hearts of every growing student.

In promoting our nation, we must first instill in the minds of our young people the notions of nationhood, selfawareness, the establishment of inter-ethnic cooperation, respect for them, and the careful inheritance of generations.

Consciousness is the highest form of mental activity. Consciousness is a product of biological and social development. Consciousness consists of a person s thoughts and feelings, intuitions, imaginations, wills and views. Self-awareness, memory, will and speech are the main aspects of consciousness. Nowadays, electronic machines have been created that perform complex creative processes, but they cannot replace the mind, because the mind is a very complex objective being[3,542].

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National consciousness is the basic form of ethnic consciousness that is an integral part of social consciousness. [2,267]

Ethnic consciousness is the social life, culture, customs and traditions, historical social psychology, worldview of a tribe, people, nation. [2,690]

Thinking is the highest form of human mental activity and conscious behavior - a means of understanding the social environment, the causes of existing processes and reality. It is also a conclusion and a decision made as a result of thoughts, ideas and views that coordinate activities to meet the needs of all people [2,325].

When we think about the mind and thinking, first of all, we should pay attention to the popular folk holiday "Navruz", which includes songs such as "Dorboz", "Flower Festival", "Top Tosh" and folk games.

Not only the definition of the above concepts, but also the ability to convey to young people the underlying issues that underlie it, creates a sense of self-confidence in the teacher. This, in turn, creates the need for the teacher to use modern tools of modern pedagogical technologies in the educational process. For example, in order for information and telecommunications systems to serve to increase the effectiveness of education, they must be able to use their potential properly. Then the teacher explains to the younger generation the national consciousness and national thinking with clear, interesting, real-life examples, depending on the age and their individual characteristics. In the process:

- the greatness of the nation;
- loyalty;
- positive attitude to nature;
- conscious attitude to labor;
- the nature of knowledge;
- the consequences of ignorance;
- It is important to teach young people that education is full of national and universal qualities. [14]

Conclusion

In conclusion, the inculcation of the above concepts in the minds of young people on the basis of modern requirements creates the basis for the formation of such human qualities as love for the motherland, respect for parents, compassion, trust, strong will, spiritual growth, humanity through music. This ensures that the educational process is effective.

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Researd^[13]