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## Recovery of Coronavirus (Covid-19) and Other Diseases in Human Respiratory System by Self Made Vaccine

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#### **ABSTRACT**

Novel coronavirus (Covid-19) is a special type of human attacking virus which damages human respiratory system first, then all other body organs of the patient fail. The characteristics and mutation of the coronavirus (Covid-19) are not remaining same in all over the world; it is frequently changing its mutation processes under different mutated strains. Therefore, unique vaccine for coronavirus (Covid-19) disease is very difficult to produce like AIDS vaccine or Cancer vaccine etc. In this paper, treatment with recovery of coronavirus (Covid-19) and other diseases attacking in human respiratory system is invented by a very simple ingenious method with the help of self made vaccine (medicine).

**KEYWORDS:** Coronavirus (Covid-19), Nucleic acid (DNA or RNA), Proteins, Characteristics, Mutation, Coronavirus (Covid-19) or other respiratory diseases vaccine

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#### I. INTRODUCTION

Coronavirus (Covid-19) is a special type of virus which drastically attacks human respiratory system. Common coronavirus, which are existing in nature, are not so severe and they can be treated with general medicines or without medicine also. The first outspread of coronavirus (Covid-19) happened in Wuhan city, China in December 2019, where huge numbers of people died due to severe acute respiratory syndrome (SARS), and thereafter it spreads to all over the world by human carriers as the greatest pandemic in 21st century [1]-[4]. The peculiar nature of this coronavirus (Covid-19) is that it does not infect pet animals like cat, dog, hare, bird, hen, cattle such as cow, goat, pig etc. For this we cannot take help to prepare coronavirus (Covid-19) disease vaccine from animals other than human one.

It is found that a virus is having a very small structure with diameter 20 nm - 500 nm (nm means nanometer, i.e.,  $1 \text{ nm} = 10^{-9}$  meter) containing nucleic acid (DNA or RNA) and proteins, called nucleoprotein or nucleocapsid, which is different from virus to virus. Some viruses have more than one layer of protein surrounding the nucleic acid and other viruses have a lipoprotein (i.e., protein with fat) membrane which is called an envelope. Coronavirus (Covid-19) is having a lipoprotein membrane with pointed stickers which attach like gum in human respiratory tract. Thus its body

contains RNA and proteins. Mutation characteristics are more prominent for RNA viruses.

Viruses go inside the animal body living cells, resist function of the cells with replicating rapidly at higher rate, and ultimately bring death to the cells. Also at the time of the death of the animal cell, the living viruses inside the death cells become dead. If the attacking living virus in a patient is not killed (inactive) by vaccine or medicine in time, multi organs failure condition of the patient occurs which causes him/her to face death [1]-[4].

Presently it is observed that coronavirus (Covid-19) is mainly attacking human respiratory organ like alveoli in lungs and malfunctioning the working of lungs, i.e., exhaust carbon di-oxide ( $CO_2$ ) from blood and absorption of atmospheric oxygen ( $O_2$ ) to blood with water evaporation; as a result severe breathing trouble or asthmatic condition with cough and fever like pneumonia appears. It will continue to the patient till either automatic vaccine (i.e., antibody) of the coronavirus (Covid-19) disease is produced within the human body (patient) by the immune system or supply from outside the coronavirus (Covid-19) vaccine, which kills or destroys the coronavirus (Covid-19). The various coronavirus (Covid-19) strains are delineated in Figure 1.

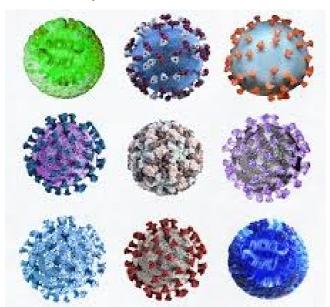


Figure 1: Different coronavirus (Covid-19) strains.

# II. TREATMENT AND RECOVERY OF CORONAVIRUS (COVID-19) AND OTHER BACTERIA VIRUS DISEASES IN HUMAN RESPIRATORY SYSTEM BY SELF MADE VACCINE

Recently coronavirus (Covid-19) disease is appearing in a more violent way under mutated various strains in human respiratory system. Human respiratory system consists of nasal cavity (nose), oral cavity (mouth), pharynx, larynx, trachea, bronchi, lungs, diaphragm etc. which take part for air passage to transport outside air with oxygen to lungs and carbon di-oxide from lungs to outside air. This simple method can cure coronavirus (Covid-19) and other bacteriavirus diseases in the human respiratory system according to the research papers [4]-[9]. This is carried out (examined) by below mentioned procedure thoroughly.

Small quantities (10 – 15 gm) of cough mixed with mucus and saliva (called sputum) from the throat of a coronavirus (Covid-19) infected patient [containing living coronavirus (Covid-19)] are taken and this sputum is mixed with 1 (one) litre drinking water. Then the sputum mixture is boiled in a pressure cooker at high pressure and high temperature for 25 (twenty five) minutes. If pressure cooker is not available, the sputum mixture is boiled in a container keeping close to open end for 25 (twenty five) minutes. The boiled sputum mixture is then cooled to normal room temperature without releasing pressure in the cooker, and the particular coronavirus (Covid-19) infected patient (whose sputum is taken) has to drink the whole (entire) mixture in 3 times or 4 times on that day.

The mixture has to be drunk or injected by the patient on the same day of preparation. In case of injecting the coronavirus (Covid-19) vaccine mixture, only very small quantity of 3 to 5 ml has to be injected intramuscularly to the particular coronavirus (Covid-19) patient (whose sputum is boiled) one or two times daily. The living coronavirus (Covid-19) in the sputum are becoming inactive or vaccine due to boiling for 25 minutes under high pressure and high temperature. The particular coronavirus (Covid-19) patient drinks or introduces (injected) with home self made coronavirus (Covid-19) vaccine having highly pure and safe condition.

The next day the same procedure has to be repeated and to prepare a fresh mixture for drinking or injecting by the particular coronavirus (Covid-19) patient. This process has

to be continued either for 14 (fourteen) days or recovery of the coronavirus (Covid-19) disease for the particular coronavirus (Covid-19) patient, whichever is earlier.

The sputum of a person, consisting of specific living bacteria or virus which infects a person and causing disease in the respiratory system such as nose (nasal cavity), mouth (oral cavity), throat, lungs etc., is converted to the vaccine (inactive or dead body) of that bacteria or virus after boiling for 25 minutes. Therefore, when this sputum boiling mixture is drunk or injected by the particular person whose sputum is treated, the attacking living bacteria or virus is killed and thrown out from the person, and the person recovers from the particular disease of the respiratory system. Thus the sputum boiled mixture made by this process cures all other diseases infected in the human respiratory system such as Bronchitis, Influenza, Pneumonia, Asthma, Tuberculosis and Cancer etc.

Hence, this process identifies a unique method for recovering all types of diseases oriented in the human respiratory system. Moreover, this method can be applied to cure animals from infected by bacteria and virus causing diseases, in which living bacteria or virus is available (exist) in their sputum or urine or both. In case of living bacteria or virus existing in urine only, the urine of the animal is taken in place of the sputum, and the same procedure is adopted. Therefore, it invents a **Eureka** (**Miracle**) in vaccine or medicine field.

#### III. CONCLUSION

In the above method for recovery from coronavirus (Covid-19) and other diseases in the human respiratory system, first of all living coronavirus (Covid-19) or other bacteria-virus is killed or made inactive by coronavirus (Covid-19) or other bacteria-virus vaccine which is prepared by boiling of the sputum. Therefore, the coronavirus (Covid-19) or other bacteria-virus vaccine is drunk or injected by the particular coronavirus (Covid-19) or other respiratory diseases infected patient whose sputum is treated. Every day the fresh mixture, by boiling of the sputum for 25 minutes, has to be prepared during treatment period; because if the coronavirus (Covid-19) or other bacteria-virus changes its strains, the coronavirus (Covid-19) or other bacteria-virus vaccine is produced to be effective for new coronavirus (Covid-19) or other bacteria-virus strains which are existing in the particular patient. So, it is an ingenious product of the coronavirus (Covid-19) or other bacteria-virus vaccine for treatment of human respiratory diseases in a very simple and safe procedure having very low cost, i.e., almost nil expenditure.

This coronavirus (Covid-19) or other bacteria-virus vaccine (medicine) has no side effect or reaction at all, since the patient infected by the coronavirus (Covid-19) or other bacteria-virus in the respiratory system is drinking or injected his/her own sputum after boiling specific time duration 25 minutes. This method can be called "Sputum Therapy". Therefore, it is highly reliable and steady workable vaccine or medicine for treatment and recovery from different types of mutated coronavirus (Covid-19) strains as well as other bacteria and virus attacked in the human respiratory system.

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He worked in Department of Telecommunications (DoT), Government of India as a Telecom Engineer from 1981 to 2007, lastly Assistant Director. Then he worked in different Engineering Colleges, India, and Assam University [Central University], Silchar, India, as an Assistant and Associate Professor from 2007 to 2020. He has written fourteen books and more than hundred research papers. He is a Member of IACSIT, Singapore; CSTA, UACEE, USA; IAENG, IETI, Hongkong; and IE, ISTE, IAPQR, IIM, India. His research interests are in Telecommunications including Mobile Communications, Image Processing, VLSI, Nanotechnology, Electrical Power Systems, Power Electronics Circuits, Environmental Pollution and Medicine.

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