

# Diagnostic Procedure Associated with Astrological Concepts: A Literature Review

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## ABSTRACT

Astrology and medicine are intimately linked in as much as the science of healing forms an important part of remedial astrology. Principles and training of medical astrology is an intricate subject that needs a great compact of knowledge and in-depth study. The main utility of medical astrology is to determine as to whether the cosmic effects under different planetary conditions at the time of a disease are likely to be beneficial or detrimental to the patient and implement the diagnostic plan accordingly. This study was designed to review the astrological concepts that have been used to establish a correlation between the planets and diseases in terms of the signs of the zodiac that have shown a strong relationship with diseases and different parts of the human body. The review was based on notable manuscripts and other texts that contain descriptions of this relationship. The study revealed that the signs form the part of the body of the Kālpuruṣa starting from Aries and starting from the Ascendant. Thus, an astrologer can foresee the possibility of a person liable to suffer before the onset of the disease. From the calculation of the period and sub-periods of the planets, he can determine the time of the onset of the disease and its duration on the basis of one's horoscope. Horoscope is a very potential instrument that can be used effectively in diagnostic and treatment plans. However, apart from the indications of the diseases that may be present in a horoscope, the astrologer must seriously analyze the transiting influences and the circumstances of the case on hand for accurate diagnosis. Thus, it can be concluded that medical astrology, if used with a sense of proper understanding, can aid medical diagnosis.

**KEYWORDS:** Medical Astrology, cosmic effects, Kālpuruṣa, Aries, Ascendant

## INTRODUCTION

Ayurveda medicine is a healthy lifestyle system that people in India have used for more than 5000 years. Astrology originated in India more than thousand years. It provides understanding of the planetary influences on human beings. Astrology is a science build up on data connected with the movements of heavenly bodies including planets and stars.<sup>1</sup> An astrologer interprets the influences of these movements in the human lives.

Astrology and Ayurveda are only two faces of the same coin and if coordinated with each other will give better results. Medical Astrology deals with emotional psychological, mental and physical aspects diagnosis. The fundamental purpose of Medical Astrology, is give the planetary influences which cause the various diseases and accidents. In ancient time properly applied astrology would quickly determine he seat of disease in the patient.<sup>2</sup>

## Relationship between Astrology and Ayurveda

Astrology and Ayurveda are related aspects in Vedic Sciences. Astrology is primarily based on the concept that the planets and their movements are intimately connected with human body and mind. Ayurveda determines the basic physical constitution of human beings. It also gives an

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indication which planet affects which part of the body. Ayurveda utilizes various herbs, roots, metals and extracts for their purpose. The relationship between planets and trees, herbs should be known and also the effects of planets on human minds should be understood.<sup>3</sup>

The herbs and roots are used to neutralized the harmful effects of the planets. (Table 1.1)

Planets	Herbs & Roots
Sun	Bilwa moola
Moon	Khirika
Mars	Ananta moola
Mercury	Brindhawaraka moola
Jupiter	Brahmajati moola
Venus	Rambasak moola
Saturn	Shweta berela moola
Rahu	Shwetha chandana moola
Ketu	Ashwagandha

Table 1.1

The metals have proved to effective in neutralizing the malefic effects of planets on human beings. (Table 1.2)

Planet	Metal
Sun	Gold / Copper
Moon	Silver
Mars	Gold
Mercury	Bras
Jupiter	Gold
Venus	Silver
Saturn	Iron
Rahu	Pancha Dhatu
Ketu	Pancha Dhatu

**Table 1.2**

Astrologically the 12 Zodiac signs, each representing a part of human body, have a tremendous influence on our mind and body and a pivotal role in causing human ailments. That concept called as 'Kalapurusha'.<sup>4</sup> The body of kalapurusha has been divided into 12 parts and each part has been assigned to a sign commencing from Aries.(Table1.3)

Zodiac Sign	Representing Part of Body
Aries	Head
Taurus	Neck, throat and face
Gemini	Upper arms and chest
Cancer	Elbows and heart
Leo	Belly
Virgo	Hand and wrist
Libra	Urinary organs
Scorpio	Sexual organs
Sagittarius	Thighs
Capricorn	Knees
Aquarius	Legs and ankles
Pisces	Toes and feet

**Table 1.3**

The planets are divided in to three humors, namely, *Vata*, *Pitta* and *Kapha* as follows. (Table 1.4)

<i>Vata</i> Planets	Moon, Mercury, Venus and Saturn
<i>Pitta</i> Planets	Sun and Mars
<i>Kapha</i> Planets	Jupiter

**Table 1.4**

Moon, Venus and Sun have also slightly *Kapha* qualities and Jupiter have slightly *Pitta* qualities also Mercury has slightly *Pitta* and *Kapha* qualities.<sup>5</sup>

The Planets also govern different parts of the body. (Table 1.5)

Planets	Parts of the Body
Sun	Stomach, Bone, Right Eye, Heart, Skin, Bely, Head and constitution of the body
Moon	Head, Lungs, Mind, Blood, Left Eye, Kidney, alimentary canal and water in body
Mars	Blood, Marrow, Energy, Neck, Genitals, red coloring matter in Blood, Rectum, Head, Veins, Female organs and Vitality
Mercury	Chest, Nerves, Skin, Navel, Nose, Spinal system, and Gall bladder
Jupiter	Thighs, Fat, Brain, Lungs, Liver, Kidney, Ear, Memory, Tongue and spleen
Venus	Face, Eye-Sight, Genital organs, Semen, Urine, Luster of the body, Throat, water in body and Glands
Saturn	Legs, Bones, Muscles, Limbs, Teeth, Skin and hair
Rahu	Feet and Breathing
Ketu	Belly

**Table 1.5**

The Planets also rule over different diseases. (Table 1.6)

Planets	Diseases
Sun	Trouble in Right Eye, High Fever, Heart diseases, Stomach diseases, Skin diseases, Fracture of bones, Leprosy, Internal Fever, Brain trouble, Diseases in Head and all past diseases.
Moon	Diseases of Heart and Lungs, Diseases in Left Eye, Over-Sleepiness, Inertia, Diarrhea, Bloodlessness, Poisoning of Blood, Diseases from water, Vomiting, Kidney trouble, Diabetes, Menstrual Disorders, Dropsy, Appendicitis, diseases of breast and mammary glands
Mars	Diseases from Heart, Poisoning, Cuts and wounds, Leprosy, Sore-eye, Itches, Diseases of blood, Diseases in Neck, Diseases in Marrow, Blood pressure, Loss of Energy, Diseases in Female organs, Fracture of bone, Urinal diseases, Boils, Tumors, Cancer, Piles, Menstrual disorders, Ulcers, Dysentery, Diseases in Rectum
Mercury	Disease of Chest, Diseases of Nerves, Small-pox, Chicken-pox, Epilepsy, Disease of nose, Navel Diseases, High Fever, Diseases from poisons, Itches, Fracture of bones, Typhoid, Madness, Diseases of gall bladder, Paralysis, Fits, Ulcers, Indigestion, Cholera, Diseases in mouth and skin diseases,
Jupiter	Liver, Kidney and lung diseases, Ear troubles, Diabetes, Lack of Memory, Tongue malady, Diseases of Spleen, Dropsy and Diseases in Thighs
Venus	Eye troubles, Venereal diseases, Diseases in face, Urinary diseases, Fading away of Luster in Body, Fits, Indigestion, Throat trouble, Diabetes, Sex Incompetency, Impotency, Dropsy, Fever and Diseases concerning Glands
Saturn	Weakness, pain or aches in stomach, damage and loss of limbs, Diseases of teeth, Skin and legs, Fracture of bones, Diseases in connection with bones, Rheumatic pains, Blindness, Mental worry, wounds, Ugly hair, Pain in muscle, Paralysis, Hysteria and deafness
Rahu	Lung trouble, Diseases in feet, Pain on walking, Leprosy, Difficulties in breathing, Enlargement of spleen, cataract, Hydrocele
Ketu	Lungs troubles, Fever, Eye-pain, Stomach pain, Boils, Pains in body and diseases from unknown causes

**Table 1.6**

### Comparison of Ayurveda and Astrology

Astrology uses for treatment Mantra and Tantra; Ayurveda uses more systematic treatment of diseases. It divides the human system into 7 parts ;*Vata, Pitta, kapha, Vata-Pitta, Pitta-Kapha, Vata-Kapha* and *Sama (Vata-Pitta-Kapha)*.<sup>6</sup> Energy and the its vibrations are the basis of Ayurveda. The universe is made of pulsating energies of the five great elements Earth, water, Fire, Air and Akash. (Table 1.7) (Table 1.8) They are constantly changing or transforming. When we are healthy all the above energies are in balance and when inflected by disease, they go out of balance and affect physically, mentally and emotionally with the changes of intimation.

Element	Conditions
Earth	Swelling and cold (diseases arising from)
Water	Vomiting, Colic, Dysentery, Ulcers and Cold
Fire	Perplexity, fever and whirling sensation
Air	Rheumatic, troubles, Tremor and leanness
Ether	Fainting and Languor

**Table 1.7**

Element	Parts of Body and Feelings
Earth	Bones, Skin, Flesh, Hair, Veins
Water	Blood, Semen, Saliva, Perspiration, Urine
Fire	Hunger, Thirst, Indolence, Sleep, Vigor and Appearance
Air	Rising, Jumping, Running, Bending, Strengthening and all bodily movements
Ether	Love (Passion), Anger, Fear, Bashfulness, Insensibility

**Table 1.8**

Ayurveda believes in good food and diet. As far as astrology is concerned, it concentrated on telepathic influences of Planets and worshipping them to balance their effects.<sup>7</sup>

What is the scope of Medical Astrology? It takes into consideration deeper issues relating to human life. Western allopathic medical science believes in systematic treatment of diseases. But recently some researchers are go in to root causes. Astrology believes in Karma theory. Hence the medical astrology takes into consideration some factors. Men and women have different sets of diseases, some diseases are common, when children are born, some of them suffer from diseases according to their past Karma.<sup>8</sup> This will be known only when the horoscope is looked into. Astrology is the prominent and primitive of all sciences and medical astrology against a specialized science, which has its origin thousands of years.

### Conclusion

It may be mentioned both Medical astrology and Ayurveda have got many things common and both believe in the fundamentals and the planetary influences on human beings. The only main difference is that while Ayurveda, mainly concentrated on healthy growth of physical disease. The Medical Astrology care about the influences of planets on both body and mind. As such a combination of Medical astrology and Ayurveda is followed there is a better chance of maintain good health in human beings.

Thus, it can be concluded that medical astrology, if used with a sense of proper understanding, can aid medical diagnosis.

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