

Spiritual Intelligence and Modern Civilization

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ABSTRACT

Intelligence is the ability to analyze cognitive complexities. It applies knowledge to manipulate or satisfy conditions of problems in order to reach the goals or to attain answers. It is the capacity of performing abstract reasoning, which involves the mental transformations carried out via established rules. Also it facilitates flexibility in challenging situations for any environmental context. Spiritual intelligence is defined as the human capacity to ask questions about the ultimate meaning of life and the integrated relationship between us and the world in which we live. It results in an increase in psychological well-being of individuals as well as having a goal in their life. An attempt has been made to recognize, comprehend, find out, analyze, synthesize, evaluate and critically examine along with to develop positive attitude, appreciate, and take interest in the dominant factors responsible for strengthening spiritual intelligence. It is an ability which helps to fulfill the potentialities of the individual's practical and real life perspective through thought and action philosophy which provides an understanding of his environment to solve the everyday problems constructively in order to gain the highest knowledge and wisdom for building his/her self-concept, self-control, self-esteem, self-determination, self-confidence, and self-development, if the teachers enable to modify such kind of patterns of individual, this is spiritual intelligence.[1] Spiritual intelligence calls for multiple ways of knowing and for the integration of the inner life of mind and spirit with the outer life of work in the world.

It can be cultivated through questing, inquiry, and practice. Spiritual experiences may also contribute to its development, depending on the context and means of integration. Spiritual maturity is expressed through wisdom and compassionate action in the world. Spiritual intelligence is necessary for discernment in making spiritual choices that contribute to psychological well-being and overall healthy human development. The transformative power of S-intelligence distinguishes it from intelligence quotient (IQ) and emotional intelligence (EQ).[2]

We are the science, philosophy, and religion of modern Spiritualism - the science of psychic phenomena, the philosophy of demonstrable laws of life, the religion of personal responsibility. In the global world of education it is the need of the hour. The main aim of education is to modify the behavior of the student according to the needs and expectancy of the society. Human behavior is composed of many attributes, and out of which two important attributes are spiritual intelligence and emotional maturity. People who are emotionally mature, who know how to manage their feelings are at an advantage in every domain of life. It leads to effective living and better adjustment in society. Emotional maturity, being an important component of adjusted behavior, implies proper emotional control, capacity to adjust to change, capacity to deal constructively with reality, capacity to love and capacity to relate to others in a constant manner with mutual satisfaction and helpfulness. Emotional maturity is very essential for proper adjustment in the society. Emotional and spiritual intelligence are very important aspects on which potent cause for one's adjustment and success. Emmons (2000) have defined spiritual intelligence as "the adaptive use of

spiritual information to facilitate everyday problem solving and goal attainment". [3] He had suggested five components of spiritual intelligence:

1. The capacity to transcend the physical and material.
2. The ability to experience heightened states of consciousness.
3. The ability to sanctify everyday experience.
4. The ability to utilize spiritual resources to solve problems.
5. The capacity to be virtuous.

Emotional intelligence, when applied to the workplace, involves the capacity to effectively perceive, express, understand and manage emotions in a professional and effective manner at work.[4]

INTRODUCTION

On the one hand, spiritual quotient as the foundation of individual beliefs plays a crucial role in promoting and providing psychic health so that nowadays world health organization introduces human with four complementary dimensions of physical, psychic, social and spiritual. Moral principles include individual self-making that is relevant with the management of emotions and psycho-spiritual health and social skills and is more coordinated with the characteristics of our age. Morality is considered instead of person's deeds in his character and desires. In moral virtue, morality includes a way of life dealing with the purification of soul for the development and improvement of individual's character. This approach of self-viewing is the nature of moral virtue. The spirituality means manifestation of the potential divinity within us by work (karma yoga) or worship (bhaktiyoga) or philosophy (gyana yoga) or psychic

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control (raja yoga). The characteristic of this manifestation is the mastery over the inner and external personality and the result of it is total freedom. An effort has been made to look into the spiritual dimensions of Indian culture. Civilization and Culture are hall- mark of the collective life of man. Civilization signifies the moral evolved state of the society, which embraces activity of mental life, including arts and learning. Four elements constitute civilization: Economic provision, political organization moral traditions, and pursuit of knowledge and arts. In a nut-shell we may comprehend civilization of people as an advance stage of its social development.[5]

All contacts with the Spirit or Self, the Higher Consciousness and Divine are termed as 'spiritual: For man to become divine in consciousness, and to act and live inwardly and outwardly the Divine Life, is meant what is meant by Spirituality. The development of creativity and innovation is needed in preparing today's generations to face challenges in their future. However, the main focus in creativity and innovation development process is on cognitive, affective, imagination and practises (psychomotor) that allow total freedom for individual to present their product. In fact, unfortunately this will make them losing their own direction. Spiritual intelligence and emotional intelligence can complement each other for purification of human life. On the one hand, spiritual intelligence strengthens spiritual and religious beliefs, thus establishing good qualities. On the other hand, emotional intelligence can improve social relationships, control emotions and help individuals progress towards perfection. In fact, spiritual intelligence is a set of activities that bring about softness and flexibility in behavior, in addition to self-consciousness and a deep insight into the life and purpose, so that objectives are outlined beyond the material world.[6]

1. Spiritual experiences: certain religious activities and experiences
2. Stress coping: Using religion and faith to solve the life problems
3. Purpose: having a specific purpose in life by considering religious issues
4. Worship place: Willingness to religious places and religious leadership
5. Living out: Evading from the tenets and stereotypes in life
6. Centrality: Impact of religion on behavior and performance (such as eating, drinking, wearing)
7. Religious practices: Compliance with laws and commands of religion and faith in life
8. Prayer and religious practices
9. Tolerance: Tolerance of other religions and correct treatment based on beliefs, principles and logic
10. Religious concepts: Belief in religious basic concepts (such as the Creator of the world, soul, life after death)

Human beings have five senses—sight (eyes), hearing (ears), taste (tongue), smell (nose), and touch (sensory). Spirituality is the ability to recognise that there is intelligence beyond our five senses. There is universal power that creates and governs everything within and beyond the worlds we know, and that power is omnipresent. We can

surrender to this supreme intelligence through our awareness. We call this universal power by different names as per our religious faith. Spirituality has been defined in numerous ways. These include the belief in a power operating in the universe that is greater than oneself, a sense of interconnectedness with this power and with all living things, an awareness of the purpose and meaning of life beyond conventional terms, and the development of aspirations and personal values. Spirituality is commonly thought of as one's personal pursuit of the divine and is not bound to any particular religious tradition.[7] Many seekers value the existence of different "spiritual paths," emphasizing the importance of finding one's own individual path to spirituality and a greater understanding of God and the absolute. Spirituality has its roots in spirit. All things or all life is governed and derived from a universal life force. This universal life force is invisible and intangible, yet it serves as the basic or raw substance from which all living things exist. Another way of looking at this universal life force is that it is the vital energy behind and through which life expresses itself. If you decide to undertake the path of spiritual development, there is one word with which you ought to become thoroughly familiar, even saturated. That word is energy. All life, in its basic pure essence, is energy. The energy or life force is referred to in various ways with Chi, Prana, Kundalini and Vital Energy, to name a few. The University of Spirituality refers to this energy as God, the Holy Spirit, Spirit, Love, or Light.[8]

DISCUSSION

Quality of life (QoL or QQ) is perceived differently by different people, depending on their belief system. Life is infinitely a large canvas, all encompassing, major aspects being health (mental, physical, emotional and spiritual), finances, social well-being, job / occupation, family, reputation and the like. Life and its quality are influenced by application of human intelligences like IQ, EQ and SQ in different degrees. Spirituality took different connotations passing through the transitions in coming ages from philosophical to social to religious finally to psychological. Socially, spirituality was ecclesiastical against possessions, class, authority; psychologically seen as serenity of psyche, peace of mind and humanistic attitude; religiously seen as set of rituals, traditions, and beliefs to explore the source and purpose of creation. In general notion, spirituality is viewed as beliefs, practices, and ways of knowing that may be informed or may not be informed by a set of religious rituals and doctrines. Whereas in essence, Spiritual thinking in its purest form has nothing to do with religion, such thinking transcends the boundaries of cultures and doesn't necessarily require engagement in any religious practice. Contemporarily spiritual thinking is seen as a thinking practice that develops inner peace, a foundation for well being and happiness. "Intelligence is the strongest predictor of our cognitive achievements, as well as our school and academic performance".[9]

At the present time, competition in the World are spread and the workforce become heterogeneous. Consistent with increasing speed of changes, the issues such as intelligence appeared more seriously. The term of intelligence is defined as utilization of internal capacity which has a major role in achieving the organizational goals. In this regard, studies on Spirituality are deeply tied with the concept of intelligence. And research in this area has become one of the challenging concepts in which many contemporary theorists defined

intelligence in terms of spirituality. The spirituality always has been considered by mankind. And it is considered as one of the core requirements. Some scholars believe that it embodies the highest levels of cognitive, moral, and emotional development and attempts to answer the questions of life. Spiritual intelligence as the infrastructure of individual beliefs, has an important role in many fields especially in mental health. [10]

SI is related to the God. He define it as the ability of recognition of life principle (spiritual and nature rules) and establishing life based on them. He bring the following principles for SI:

1. Recognize and affirm the SI; it means the belief that we are spiritual creatures and the physical life (in this universe) is temporarily.
2. Recognize and credence a superior spiritual real (it means God).
3. If there is God and we are his creatures, a guidance book should be existed.
4. The necessity of knowing goal of life (something which evoke man) and accepting this point that from the perspective of heredity, some abilities have codes.
5. Knowing our status about God (the identity of a person is reflection of his perception about God). [11]
6. Knowing the principles of life and accepting this fact that in order to have a prosperous life, our lifestyle and decisions must be align with these principles.

There is a direct influence of spiritual intelligence on social competence. There is a direct influence of emotional competence on Social competence. There is a direct influence of spiritual intelligence on leadership competence. There is a direct influence of emotional competence to top leadership competence. There is a direct influence of social competence over leadership competence. There is an indirect influence of spiritual intelligence on leadership competence through social competence; and there is an indirect influence of spiritual intelligence on leadership competence through social competence. [12]

RESULTS

Today, most people in the world, especially young people, have developed a certain allergy towards spirituality. This has happened because spirituality has been presented in such an ugly way. People have come to understand spirituality as not eating properly, sitting on the roadside and begging. People understand spirituality as living a terrible life, torturing yourself and above all being anti-life – you should somehow not enjoy your life and must suffer it in every possible way. Materialism is a localized reality, or in other words, everything has a defined location in time and space. At this level, everything is inherently impermanent; all that you can perceive through your five senses at one time wasn't here, it will exist for a time, and it will eventually come to an end. The materialist world is what your mind may have come to interpret as the "normal" and commonsense way the world works. It feels solid and permanent, but appearances can be deceiving. The spiritual reality is not in space nor is it bound by time, therefore it is non-local; nowhere and no time in particular, and everywhere and all times in general. Unlike the impermanence of the material level, the spiritual domain is

infinite and eternal; it has always been and always shall be. [13] It is indestructible, invincible, and unbounded.

Contradictions between spirituality and materialism have been reconciled in the Indian mindset. The ancient thoughts differ in positing that material life is all that matters, matter and consciousness interact to create the world, or matter is just the base from which one has to rise to full consciousness. The dominant view is that material life is indispensable, people have to live life fully, and then transcend to spirituality seeking deeper meaning in life, expanding their narrow self into a more inclusive one and relate to the divine. A more pragmatic approach is advocated to seek spirituality while living an earthly life. Humans are materialistic by nature. Greed to acquire and obsession for possession is rooted in their minds. Highly materialistic individuals strongly believe in amassing wealth to fulfil life goals. [14]

Materialistic values breed greed in them and, at times, they get thrill in displaying their affluence and/or arrogance. However, money cannot buy happiness. On the contrary, people with a spiritual perspective try to find the true meaning of life through spiritual intelligence (SI), a term used to indicate spiritual parallels with intelligence quotient (IQ) and emotional quotient (EQ). SI helps people understand the purpose of existence. In fact, psychological capital and spiritual intelligence equip students with thoughts, beliefs and constructional behaviors, which can empower students to deal with stressful educational events with less vulnerability. Therefore, having psychological capital and spiritual intelligence can associate with positive outcomes, one of which is improved educational performance. It should be noted that psychological capital and spiritual intelligence and their components can grow, and there are clear guidelines and successful strategies in the literature of positive psychology for increase of hope, optimism, resiliency, self-efficiency, sacrifice, and transcendent capacity. [15]

CONCLUSIONS

To advance the scientific understanding of spiritual intelligence by using artificial intelligence (AI) and computational cognitive science. It will show the value of AI in different ways:

1. use cognitive architectures to explore how attention is deployed in spiritual practices;
2. use computational linguistics to investigate the use of language in religion and spirituality;
3. develop a theology of intelligence by comparing human intelligence to both nonhuman animal intelligence and machine intelligence;
4. undertake exploratory computer programming to model spiritual reasoning; and
5. conduct preliminary research on the potential for building an artificial "spiritual companion" to help people flourish.

Spiritual intelligence is the ultimate intelligence reflecting values and meanings, covering mental adaptation capacities and leading to non-materialistic and non-obligatory aspects. It contains spiritual sources, values, and specifications which enhance individuals' daily function and health. Individuals with high score of spiritual intelligence go beyond the body

and material, experience the optimum level of consciousness, utilize spiritual sources to solve problems, and are ultimately characterized by modesty, forgiveness, justice, and compassion. Living with no pressure, concern, fear, and anxiety, as well as increase of spiritual growth makes individuals stronger and brings about opportunities to take part in innovative activities and do their jobs more clearly meaningfully and purposefully. Spiritual intelligence helps individuals to fight with the fear of a change as the fear of any change originates from individuals' own mind and not from their surrounding environment. Development of spiritual intelligence brings about a growth in individuals' ability to perceive the emotions and to help the others to control their emotions in a deeper way.

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