

# Study on Distress Patterns, Causes and Maintenance of Flexible Pavement for Selected Portions

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## I. INTRODUCTION

Nowadays, a good system of transportation has become a measure of a country's economic and social development. In Myanmar, many save and convenient highway roads are needed to construct. There are different types of failures in flexible pavements. Pavement deteriorations or distresses can be classified into two basic categories for all pavement types – structural distress and environmental distress. The condition of a road will deteriorate due to the effect of weather, soil, aging, material failure, design fault, construction fault and traffic wear. After knowing the causes of failures and its patterns, maintenance activities can be effectively carried out. It includes both physical maintenance activities such as patching mowing, filling joints, seal coating, overlay, etc, and traffic service activities such as pavement markings, traffic signs, etc. If the maintenance activities of road are poor, it is not only detrimental to the traffic using it

## ABSTRACT

This paper presents the study on flexible pavement distresses and repair techniques in two selected road portions. It is very important to know the flexible pavement distresses and its patterns. Pavement deterioration is serious problem for road and traffic highway sector in Myanmar. Tada U-Airport road (6/0 to 8/0 mile) and Paleik-Tada U road (0/0 to 7/0 mile) portions are chosen in this study. The failure patterns are classified depending upon the visual investigation along the study areas and identify the failure patterns of the two selected road portions. Map cracking, depression, corrugation, rutting, longitudinal cracking, pothole, edge failure, crocodile cracking, delamination, raveling and bleeding are found in the selected road portions. Along the selected portions, the pavements are damaged by the effects of weather, organic growth, traffic wear and damages as well as deterioration due to aging, excessive traffic loading of heavy trucks, insufficient pavement thickness, material failure, design faults and construction faults. The required overlay thickness is calculated by using India Road Congress (IRC) formula. After calculated, Tada U-Airport road requires overlay thickness of 6 inches and Paleik-Tada U road requires overlay thickness of 5 inches.

**KEYWORDS:** pavement, distresses, visual inspection, IRC, Investigation

but also the road itself. Therefore, this study deals with the causes of failures and maintenance procedures for roads. In flexible pavement, the load carry capacity from distribution characteristic of the layered system and load is transferred by grain to grain contact. So, each layer of flexible pavement has adequate strength and which is very important.

## II. Types of Distresses

One of the major challenges facing pavement engineers is how to select the optimal repair strategy for a flexible pavement that is aging and exhibiting distresses. This selection process can be relatively straightforward if the cause of the pavement distress is known. Unfortunately, finding the cause of the distress is often complex. The different types of distress in flexible pavement are tabulated in Table1.

Table1. Types of Distresses in Flexible Pavement and Causes

Types of Distresses	Causes of Failures
Pothole	<ul style="list-style-type: none"> <li>➤ Lack of bond between the surfacing</li> <li>➤ Moisture entry to base course through the cracked pavement surface</li> <li>➤ Loss of surface course due to traffic load</li> <li>➤ Repeated application of heavy loads</li> </ul>
Map Cracking	<ul style="list-style-type: none"> <li>➤ Water entry to base course through cracked portion</li> <li>➤ Load associated disintegration of base</li> <li>➤ Insufficient pavement thickness</li> <li>➤ Seepage of water</li> </ul>

Crocodile Cracking	<ul style="list-style-type: none"> <li>➤ Inadequate pavement thickness</li> <li>➤ Brittle wearing course</li> <li>➤ Lack of pavement thickness during construction</li> </ul>
Rutting	<ul style="list-style-type: none"> <li>➤ Inadequate stability of base surfacing</li> <li>➤ Inadequate compaction during construction</li> <li>➤ Repeated application of heavy loads</li> </ul>
Raveling	<ul style="list-style-type: none"> <li>➤ Inadequate compaction during construction</li> <li>➤ Loss of bond between aggregate and bitumen</li> <li>➤ Insufficient drainage system and weather condition</li> </ul>
Longitudinal Cracking	<ul style="list-style-type: none"> <li>➤ Due to excessive load and repeated load</li> <li>➤ Poor construction design</li> <li>➤ Poor drainage and seepage of water</li> <li>➤ Settlement of shoulder</li> </ul>
Depression	<ul style="list-style-type: none"> <li>➤ Inadequate pavement thickness</li> <li>➤ Poor stability of pavement materials</li> <li>➤ Poor quality subgrade and poor drainage</li> <li>➤ Subgrade settlement resulting from inadequate compaction</li> </ul>
Corrugation	<ul style="list-style-type: none"> <li>➤ Lack of stability in bituminous mix</li> <li>➤ Traffic action such as starting and stopping</li> <li>➤ Moisture content and low quality materials used in mix</li> </ul>
Edge Failure	<ul style="list-style-type: none"> <li>➤ Poor shoulder materials to resist erosion and Poor drainage</li> <li>➤ Inadequate pavement width and lateral displacement of embankment due to traffic load</li> </ul>
Bleeding	<ul style="list-style-type: none"> <li>➤ Lack of proper rolling</li> <li>➤ Excess asphalt in surface layer</li> <li>➤ Due to hot weather condition</li> </ul>
Delamination	<ul style="list-style-type: none"> <li>➤ Inadequate tack coat and Seepage of water</li> <li>➤ Poor compaction during construction</li> </ul>

### III. Case Study

This study was concentrated on Tada U Airport road portion (6/0 to 8/0 mile) and PaleikTada U road portion (0/0 to 7/0 mile) in Mandalay Division, Myanmar. The selected portions are shown in Figure1 and 2.



Figure1. Location Map of Selected Road Portion in Tada U Airport Road

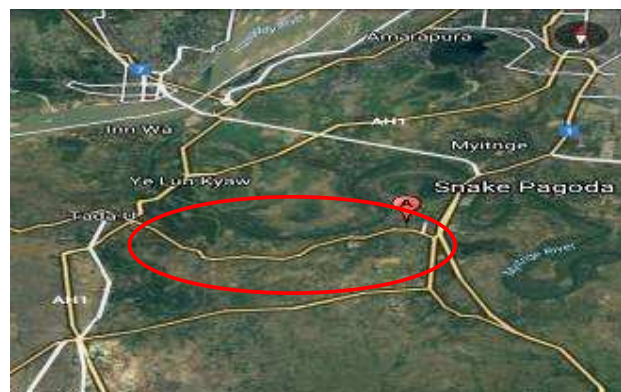


Figure2. Location Map of Selected Road Portion in PaleikTada U Road

### A. Distresses Patterns in Tada U Airport Road

In this study, eleven types of distresses are found. They are pothole, crocodile cracking, map cracking, longitudinal cracking, rutting, raveling, depressions, corrugation, edge failure, bleeding and delamination. Some of the localized pavement failures are shown in the following figures.



Figure3. Localized Raveling in Tada U Airport Road



Figure4. Localized Map Cracking in Tada U Airport Road





Figure5. Localized Crocodile Cracking in Tada UAirport Road



Figure6. Localized Pothole in Tada UAirport Road



Figure7. Localized Depression in Tada UAirport Road



Figure8. Localized Delamination in Tada UAirport Road



Figure9. Localized Rutting in Tada UAirport Road

Table2. Number of Distresses in Tada UAirport Road

Failure Patterns	Number of Failures	Percentage (%)	Percentage (%)
	Mile (6/0-7/0)	Mile (7/0-8/0)	
Pothole	6	3	10.59 %
Map Cracking	5	3	9.41 %
Crocodile Cracking	3	4	8.23 %
Depressions	5	4	10.59 %
Rutting	7	5	14.12 %
Raveling	4	3	8.23 %
Corrugation	4	-	4.72 %
Edge Failure	4	5	10.59 %
Longitudinal Cracking	3	2	5.88 %
Bleeding	5	3	9.41 %
Delamination	3	4	8.23 %
Total	49	36	100 %

In this study area, there are 85 distresses found in Tada UAirport portion. In this study, 9 potholes, 8 map cracking, 7 crocodile cracking, 9 depressions, 12 rutting, 7 raveling, 4 corrugation, 9 edge failures, 5 longitudinal cracking, 8 bleeding and 7 delamination are founded during the field survey. The number of distresses and distress percentages of pavement at proposed road are described in Table2 and Figure10.

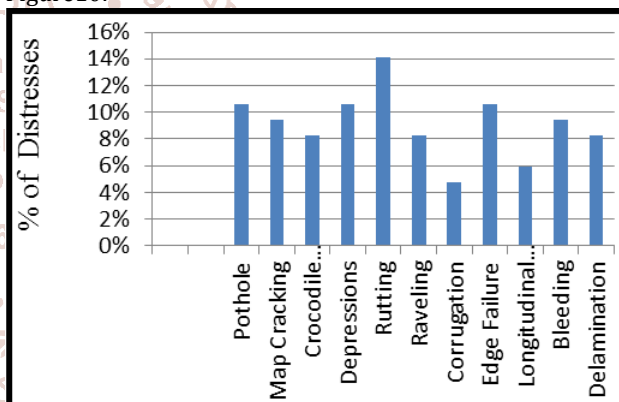


Figure10. Distress Percentages of Tada UAirport Road

#### B. Distresses Patterns in PaleikTada U Road

In this study, eleven types of distresses are found. They are pothole, crocodile cracking, map cracking, longitudinal cracking, rutting, raveling, depressions, corrugation, edge failure, bleeding and delamination. Some of the localized pavement failures are shown in the following figures.



Figure11. Localized Raveling in PaleikTada U Road





Figure12. Localized Map Cracking in PaleikTada U Road



Figure15. Localized Pothole in PaleikTada U Road



Figure13. Localized Crocodile Cracking in PaleikTada U Road



Figure16. Localized Delamination in PaleikTada U Road



Figure14. Localized Depression in PaleikTada U Road



Figure17. Localized Edge Failure in PaleikTada U Road

In this study area, there are 545 distress found in PaleikTada U road portion. This portion presents 7 miles from 0/0 to 7/0 miles. There are 91 potholes, 39 map cracking, 77 crocodile cracking, 60 depressions, 61 rutting, 82 raveling, 40 corrugation, 41 failures, 34 longitudinal cracking, 10 bleeding and 10 delamination. The number of distresses and distress percentages of pavement at proposed road are stated in Table3 and Figure18.

Table3. Number of Distresses in PaleikTada U Road

Failure Patterns	Number of Failures				Percentage( %)
	Mile (0/01/0)	Mile (1/03/0)	Mile (3/05/0)	Mile (5/07/0)	
Potholes	12	30	21	28	16.70 %
Map Cracking	8	10	10	11	7.16 %
Crocodile Cracking	11	28	18	20	14.13 %
Depression	8	17	14	21	11.10 %
Rutting	4	24	21	12	11.19 %
Raveling	8	30	22	22	15.05 %
Corrugating	8	12	13	7	7.34 %
Edge Failure	7	12	9	13	7.52 %
Longitudinal Cracking	7	5	8	14	6.24 %
Bleeding	4		2	4	1.83 %
Delamination		4	6		1.83 %
Total	77	172	144	152	100 %

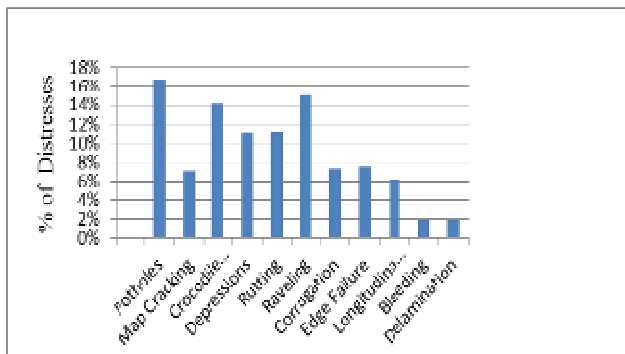


Figure 18. Distress Percentages of PaleikTada U Road

#### IV. Repair Method

After knowing the distress patterns and causes of pavement distresses, the suitable maintenance activities are carried out according to pavement distresses.

##### A. Repair Method of Tada U-Airport Road

The failure patterns and suitable repair methods of Tada U-Airport Road are shown in Table 4.

Table 4. Repair Method of Tada U-Airport Road Portion

Failure Patterns	Repair Methods
Pothole	<ul style="list-style-type: none"> <li>➤ Base patching</li> <li>➤ Filling potholes with premix materials</li> </ul>
Map Cracking	<ul style="list-style-type: none"> <li>➤ Removal of the cracked area then digging out and replacing the area with premix</li> <li>➤ Overlay, Thin HMA's Overlay</li> </ul>
Crocodile Cracking	<ul style="list-style-type: none"> <li>➤ Treatment based on the severity and intensity of cracks starting using overlay, seal coat, surface patching or reconstruction</li> </ul>
Rutting	<ul style="list-style-type: none"> <li>➤ Filling the ruts using either a dense graded bituminous mix or open graded premix</li> <li>➤ Seal Coat and Local Sealing</li> </ul>
Raveling	<ul style="list-style-type: none"> <li>➤ Application of sanding</li> <li>➤ Seal Coat and Local Sealing</li> </ul>
Longitudinal Cracking	<ul style="list-style-type: none"> <li>➤ Cut and Patch</li> <li>➤ Seal Coat, Local Sealing and overlay</li> </ul>

Table 4. Continued

Depression	<ul style="list-style-type: none"> <li>➤ Filling Depression, Base Patching</li> <li>➤ Overlay and Thin HMA's Overlay</li> </ul>
Corrugation	<ul style="list-style-type: none"> <li>➤ Seal Coat, Local Sealing</li> <li>➤ Reconstruction</li> </ul>
Edge Failure	<ul style="list-style-type: none"> <li>➤ Shoulder Strengthening, rebuild with good materials</li> <li>➤ Widen the pavement and proper drainage</li> </ul>
Bleeding	<ul style="list-style-type: none"> <li>➤ Sanding, Seal Coat</li> <li>➤ Local Sealing</li> </ul>
Delamination	<ul style="list-style-type: none"> <li>➤ Remove the area, clean and replace</li> <li>➤ Double Chip Seal, Seal Coat, Overlay</li> </ul>

The most failure pattern is rutting in Tada U-Airport road. These failures are continuous and terrible condition. And then, the failure area is large. So, this road maintenance is

not enough seal coat, need to maintain overlay method. According to Transport and Road Research Laboratory (TRRL), total deflection is exceed the allowable value of  $32 \times 10^2$  mm, the overlay maintenance is required for Tada U-Airport Road. The various stresses and strains of road layers are calculated by using Method of Three Layered System. So, the required overlay thickness is calculated by India Road Congress. In Tada U-Airport road portion, total thickness of existing pavement is 10 inches and the required overlay thickness is 6 inches after calculated.

##### B. Repair Method of PaleikTada U Road

The failure patterns and suitable repair methods of PaleikTada U Road are shown in Table 5.

Table 5. Repair Methods of PaleikTada U Road Portion

Failure Patterns	Repair Methods
Pothole	<ul style="list-style-type: none"> <li>➤ Base patching</li> <li>➤ Filling potholes with premix materials and overlay</li> </ul>
Map Cracking	<ul style="list-style-type: none"> <li>➤ Removal of the cracked area then digging out and replacing the area with premix</li> <li>➤ Overlay, Thin HMA's Overlay</li> </ul>
Crocodile Cracking	<ul style="list-style-type: none"> <li>➤ Treatment based on the severity and intensity of cracks starting using overlay, seal coat, surface patching or reconstruction</li> <li>➤ Double Chip Seal</li> </ul>
Rutting	<ul style="list-style-type: none"> <li>➤ Filling the ruts using either a dense graded bituminous mix or open graded premix</li> <li>➤ Seal Coat and Local Sealing</li> </ul>
Raveling	<ul style="list-style-type: none"> <li>➤ Overlay, Double Chip Seal, Thin HMA's Overlay</li> <li>➤ Seal Coat and Local Sealing</li> </ul>
Longitudinal Cracking	<ul style="list-style-type: none"> <li>➤ Cut and Patch</li> <li>➤ Seal Coat, Local Sealing and overlay</li> </ul>
Depression	<ul style="list-style-type: none"> <li>➤ Filling Depression, Base Patching</li> <li>➤ Overlay and Thin HMA's Overlay</li> </ul>
Corrugation	<ul style="list-style-type: none"> <li>➤ Seal Coat and local sealing</li> <li>➤ Reconstruction</li> </ul>
Edge Failure	<ul style="list-style-type: none"> <li>➤ Shoulder Strengthening</li> <li>➤ Rebuild with good materials</li> <li>➤ Widen the pavement and proper drainage</li> </ul>
Bleeding	<ul style="list-style-type: none"> <li>➤ Sanding, Seal Coat and local sealing</li> </ul>
Delamination	<ul style="list-style-type: none"> <li>➤ Remove the area, clean and replace, Double Chip Seal, Seal Coat, Overlay and Treatment</li> </ul>

The most failure pattern is pothole in PaleikTada U road. The road is used two ways and the extended each one way width is not enough to travel two vehicles as parallel. These failures are continuous and terrible condition. And then, the failure area is large. So, this road maintenance is not enough seal coat, need to maintain overlay method. According to Transport and Road Research Laboratory (TRRL), total deflection is exceed the allowable value of  $32 \times 10^2$  mm, the overlay maintenance is required for PaleikTada U Road. So, the required overlay thickness is calculated by India Road

Congress. In PaleikTada U road portion, total thickness of existing pavement is 8 inches and the required overlay thickness is 5 inches.

## V. Conclusion

In this study, large number of failures and same types of failure patterns are found along Tada UAirport road and PaleikTada U road. These types of failure are map cracking, depression in flexible pavements, corrugation, rutting, longitudinal cracking, pothole, bleeding, edge failure, crocodile cracking, delamination and raveling. The localized failures are caused by pavement aging, repeat growth in traffic loading and necessary of drain. After knowing the causes of defects and failures, the maintenance method required for the forming failure patterns is determined. A pavement is maintained by either visual maintenance activities or structural maintenance activities. If the wearing course of existing road has not achieved compaction, loose binding action is found. The existing road should be maintained by structural maintenance such as overlay. In Tada UAirport road portion, the existing pavement total thickness is 10 inches and the required overlay thickness is 6 inches after calculated. In PaleikTada U portion, the road width is needed to extend and the subgrade of the existing pavement has not achieved compaction and stable, localized road failure occur. Moreover, the road is used two ways and the extended each one way width is not enough to travel two

vehicles as parallel. So the existing road condition is poor. The existing road should be maintained by structural maintenance such as overlay maintenance. In PaleikTada U road portion, the existing pavement total thickness is 8 inches and the required overlay thickness is 5 inches.

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